



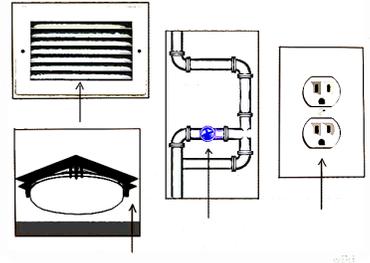
Sutter County — SMOKE-FREE HOUSING

Just the Facts



SMOKE-FREE HOUSING

Secondhand smoke can migrate from other units and common areas and travel through doorways, cracks in walls, electrical lines, plumbing and ventilation systems. ⁴



87% OF SUTTER COUNTY ADULTS DO NOT SMOKE CIGARETTES

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Between Oct 2014 -Dec 2015, 207 multi-unit housing residents in Sutter County were surveyed regarding their opinions about smoking in multi-unit housing ¹

RESULTS



86%

of respondents believe that there should be rules in place to protect multi-unit housing residents from secondhand smoke



90%

of respondents believe that secondhand smoke is harmful to people's health

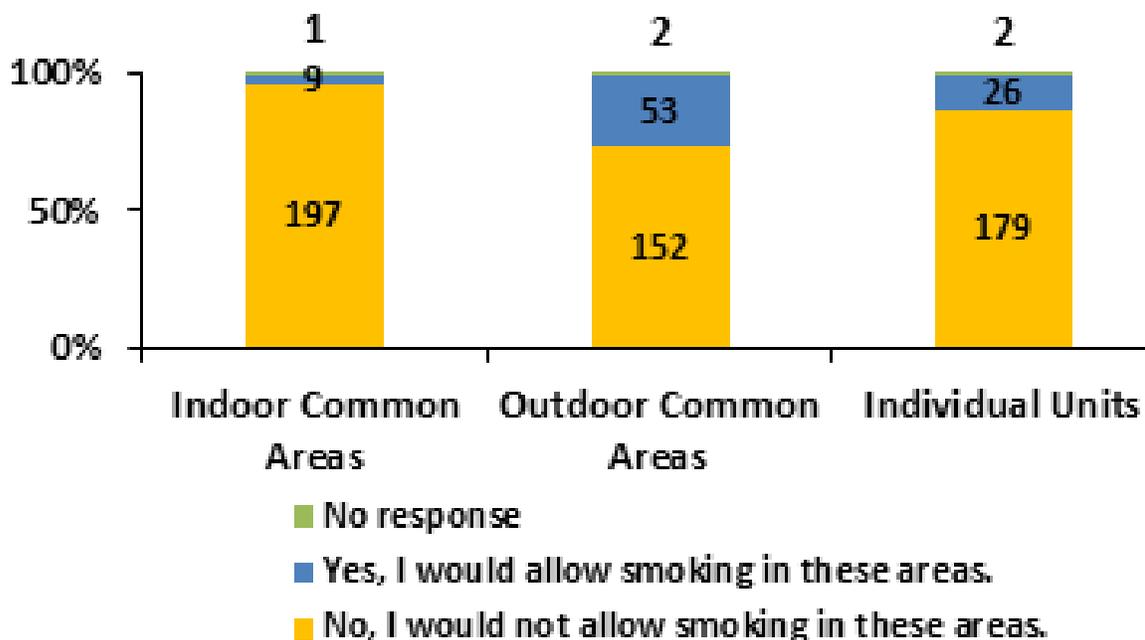


Exposure to secondhand smoke can lead to serious health problems including **lung cancer, heart disease** and **stroke**, and can make **asthma** worse in adults and children. It is especially dangerous for children as it can result in permanent damage to growing lungs, and cause **respiratory illnesses** like pneumonia, ear infections and sudden infant death syndrome (**SIDS**).²

#BreatheEasySutter

RESULTS

If you could make the rules about smoking at the apartment complex where you live, would you allow smoking in the following areas? ¹



ESTABLISHING #SMOKEFREE PUBLIC HOUSING WOULD REDUCE SECONDHAND SMOKE AND HELP IMPROVE THE HEALTH OF CHILDREN, ADULTS, PETS, AND EMPLOYEES LIVING AND WORKING IN PUBLIC HOUSING LIVING AND WORKING IN PUBLIC HOUSING.



Talk to your building manager about adopting a smoke free multi-unit housing policy.

For more information and technical assistance in adopting a smoke free policy visit www.suttercaounty.org/publichealth or call 530-822-7215



¹ Sutter County Smoke-Free Multi-Unit Housing Survey, 2014-2015

³ California Health Interview Survey, Sutter County Profile—Sutter County 2014

² The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General, 2014 ⁴ Smoke-Free Policies in Multi-Unit Housing, American Lung Association