

Senior Resources (65+)

<p><u>Agency on Aging Area 4</u> AAA4 oversees in-house programs as well as contracts with about 30 different organizations to provide services for older adults and caregivers in the seven-county region. To view services call or click on the website.</p>	<p>530-742-8289 725 D Street, Marysville, CA 95901</p>
<p><u>Comfort Keepers</u> Comfort Keepers homecare is widely recognized as a leading provider of quality in-home senior care in Marysville, Yuba City, Live Oak and surrounding areas in California.</p>	<p>530-208-5152 901 H St. Marysville, CA 95901</p>
<p><u>Dial-A-Ride</u> Dial-A-Ride service is designed to meet the needs of seniors (age 65+) and persons with qualifying disabilities, especially those who are unable to use the Yuba-Sutter Transit fixed route system.</p>	<p>530-742-2877</p>
<p><u>Dine Around Town</u> Adults 60 years of age and older can now have healthy, nutritionally balanced meals at a choice of 3 restaurants with a variety of menus for breakfast, lunch, and dinner.</p>	<p>916-486-1876</p>
<p><u>FREED – Dine at Home Program</u> Meal voucher program providing up to 20 meals per month from local restaurants. Low income seniors and people with disabilities who live in the City of Marysville, City of Yuba City, or Sutter County are eligible.</p>	<p>530-742-4474</p>
<p><u>FREED – Transportation</u> Public Transportation; Taxi Companies; Medical Transportation</p>	<p>530-742-4474</p>
<p><u>Freedom Home Health and Hospice Care Services Inc.</u> Freedom Home Health and Hospice Care Services will simplify and coordinate care in your home or facility, personalize your Care Plan and provide you with the tools to maximize comfort and promote peacefulness.</p>	<p>530-742-4802 519 D Street Marysville CA, 95901</p>
<p><u>Health Insurance Counseling & Advocacy Program</u> HICAP (the Health Insurance Counseling & Advocacy Program) provides free and objective information and counseling about Medicare.</p>	<p>1-800-434-0222 916-376-8915 505 12th Street</p>

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<p><u>Partnership Transportation Services – Non-Medical Transportation (NMT)</u></p> <p>For non-medical transportation to and from Partnership-covered appointments/services, please call Partnership at (866) 828-2303 (Monday-Friday, 7 a.m. - 7 p.m.) at least 5 business days before your appointment. For urgent appointments, please call as soon as possible. Please have your member ID card ready when you call.</p>	<p>866-828-2303</p>
<p><u>SAGE</u></p> <p>National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.</p>	<p>212-741-2247</p>
<p><u>Sutter County Adult Protective Services</u></p> <p>Adult Protective Services is committed to helping seniors (60 and older) and dependent adults (ages 18-59) live in a safe environment free from abuse and exploitation.</p>	<p>530-822-7151 1445 Veterans Memorial Yuba City, CA 95993</p>
<p><u>Sutter County IHSS - Adult Protective Services</u></p> <p>In-home supportive services are available for people who are aged, blind or disabled, cannot perform activities of daily living and cannot remain safely in their own homes without help.</p>	<p>530-822-5990 1445 Veterans Memorial Circle, Yuba City, CA 95993</p>
<p><u>Yuba City Senior Center</u></p> <p>The Yuba City’s Senior Center is dedicated to giving Yuba-Sutter seniors the opportunity to stay connected with their peers and community through recreation and volunteer opportunities.</p>	<p>(530) 822-4608 777 Ainsley Ave, Yuba City, CA 95991</p>
<p><u>Yuba – Sutter Legal Center for Seniors</u></p> <p>Provides FREE legal services and community education to residents of Yuba and Sutter Counties who are 60 and over. Our priority is helping those seniors who are low income, live alone or are over age 75.</p>	<p>530-742-8289 725 D Street, Marysville, CA 95901</p>
<p><u>Yuba Sutter Meals on Wheels</u></p> <p>Home-delivered meals are available to seniors’ age of 60 and older in Yuba & Sutter Counties that are homebound due to illness, recovery, or other causes that prevent them from leaving their home. Five nutritious meals are delivered once a week by our driver directly to the older adult’s door.</p>	<p>916-486-1876 777 Ainsley Avenue Yuba City, CA 95991</p>

