



**SUTTER COUNTY HUMAN SERVICES DEPARTMENT**  
*Public Health and Clinical Services Division*

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**HOW TO OBTAIN ZIKA VIRUS TESTING FOR PATIENTS AT RISK – EFFECTIVE MARCH 14, 2016**

CDPH is now providing Zika virus as well as dengue and chikungunya viruses in the following circumstances:

- **Patients with Zika virus symptoms** and **travel to an area with active Zika transmission** within two weeks of symptom onset.
- **Patients with Zika virus symptoms** and a **symptomatic male sexual partner** who traveled to an area with active Zika transmission within two weeks of symptom onset.
- **Pregnant patients with no symptoms of Zika virus** but **travel to an area with active Zika transmission** 2-12 weeks previously.
- **Pregnant patients with no symptoms of Zika virus** but **a symptomatic male sexual partner** who traveled to an area with active Zika transmission within two weeks of symptom onset.
- Other circumstances may merit Zika virus testing.

Two types of Zika tests are offered:

- Polymerase chain reaction (PCR) testing for Zika RNA is the preferred method for symptomatic patients. **PCR testing can only be performed within seven (7) days of symptom onset. PCR tests are for symptomatic patients only at this time.**
- Serologic testing can be done on specimens **collected 4 or more days after symptom onset.** Serologic testing is the only testing method currently available for asymptomatic pregnant women.
- Because testing has strict time windows, testing needs to be done as soon as possible.

All requests for Zika testing must come from a medical provider and **have the approval of the public health department of the patient's county of residence.**

If you have a patient at risk for Zika or with Zika symptoms, **contact the appropriate public health agency as soon as possible, preferably while still seeing the patient, to obtain approval.**

- For **Sutter County** residents:
  - Business hours: call Robert L. Herrick, MS, Sutter County Public Health Epidemiologist, at (530)-822-7215.
  - Weekends and holidays: call Lou Anne Cummings, MD, MPH, Sutter County Health Officer, at (530)-682-4732.
- For **Yuba County** residents:
  - Business hours: call Yuba County Public Health at (530)-749-6366
  - Weekends and holidays: call Nicole Quick, MD, MPH, Yuba County Health Officer, at (530)-635-3291.
- For **Colusa County** residents:
  - Business hours: call Colusa County Public Health at (530)-458-0380.

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