

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Teleconference Call
1-888-363-4735

Minutes of the Conference Call

Thursday, March 11, 2021
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Vice-Chair Clarkson called the meeting to order at 5:09 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the conference call: Vice Chair Lesley Clarkson, Paul Cluck, Supervisor Karm Bains, Supervisor Seth Fuhrer, Margery Hubbard and Lupe Rose.

The following members were excused: Manny Vasquez.

Also, on the call: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director; Elizabeth Gowan, Deputy Director, Adult Services and MHSA Coordinator, and Sue Hopper, Executive Secretary.

3. **Action Items:**

- **Approve February 11, 2021 Meeting Minutes:** Member Bains moved to approve the February 11, 2021 minutes as presented. The motion was seconded by Member Rose and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard and Clarkson
Nay votes: None
Abstentions: None

4. **Program Update: MHSA Program Update – Elizabeth Gowan, Deputy Director, Adult Services**

Ms. Gowan provided an update on the MHSA (Mental Health Services Act) Community Program Planning process timeline. This document was included in the BHAB meeting packet. MHSA has currently held three different focus groups; one for youth, one for Hmong women and one for the community. The next step is to post the plan for a 30-day posting and public comment period in April. Feedback will then be gathered, and the plan adjusted accordingly (if needed), and submitted to the Board of Supervisors for approval before the end of June.

The second component Ms. Gowan reported on was the iCARE Innovation plan. This plan allows for a mobile engagement team that will go out into the field and engage individuals that have frequent interaction with Law Enforcement, Psychiatric Emergency Services and the Emergency Room and try to engage them into outpatient services with a goal of reducing their interactions with the aforementioned services. The FSP will also be expanded in order to be able to provide the services these folks need.

Ms. Gowan also reported that the MHSA Revenue & Expenditure report has been turned in to the State; no issues were noted. This report will now be posted to the MHSA website and Ms. Gowan will provide a copy in next month's BHAB packet.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:

- Adult Services – the SUDS/Forensics program is working on a contract with Pathways to formalize SYBH oversight of the DUI program. SYBH is responsible to the state for oversight of this program which consists of site visits a few times a year and review of files. Contract will work out whether this will be done by SYBH staff or a contracted provider
- Yuba County Drug Court – staff applied for and was chosen for participation in the National Drug Court Institute's Drug Court tune-up training April 6th & 7th.
- Sutter County Jail –approved for a Medication Assisted Treatment Collaborative Technical assistance grant for opiate treatment within the jail. Wellpath will administer the contract – HHS will have oversight.
- SYBH is still in negotiations with a CBO (Community Based Organization) on a three-part contract. The first part is social services support for clients at the New Haven project. The second is an FSP expansion. There is not currently enough staff in Adult Services to meet the needs of the New Haven project, so this component will provide additional staffing; and, the third part is the Innovation Project. The mobile engagement team through iCARE will continue to reach out to this clientele to try and engage them into services.
- Children's Services – FURS (Family Urgent Response System) – targeted at children in or aging out of foster care. This is a statewide hotline. If an individual is calling from one of our counties and are unable to resolve through the statewide hotline they are referred to SYBH. The interim plan started March 1, 2021. Right now, existing staff are covering the referrals. SYBH is in negotiations with Butte and Yuba counties to pool resources and contract with another CBO to perform these services. Goal is to have this in place by July 1, 2021.
- Acute Psychiatric Services – MHFA (Mental Health First Aid) training – 325 individuals have been trained since mid-October. Currently working with Beale Airforce Base to train their staff. Training is advertised throughout the Sutter/Yuba communities and is open to whomever is interested in being trained. Training is scheduled through the end of June 2021.

The New Haven project should open soon. The original opening date was April 1, 2021 but has been pushed back to May as they are still waiting on the occupancy title and furniture. All apartments are furnished. These are studio and 1-bedroom apartments and a few 2-bedrooms. Only one or two units are set up as family units – most are for single occupancy. New Haven is largely funded by MHSA funds and is being managed by the Regional Housing Authority.

6. **New Business:**

- a. Ms. Hopper had a request to hold the BHAB meetings either to Microsoft Teams or Zoom. After discussion it was decided that Ms. Hopper will add this item to the agenda for the April BHAB meeting for a vote. Participants can call into either platform and do not need a computer to join.

7. **Old Business:**

- a. Ms. Clarkson has been researching homeless individuals having difficulties with keeping their phone service connected and discussed the difficulties she is having compiling this data. She would like to see if adding a question to the intake survey at Coordinated Entry would be a viable approach to gathering data? Mr. Bingham will touch base with the Employment & Eligibility Branch Director about the stipulations on the free phones and report back.

8. **Public Comment:**

- a. Mr. Cluck announced that he will not be seeking re-appointment to the Behavioral Health Advisory Board.
- b. Ms. Clarkson encouraged everyone to attend the Mental Health First Aid Training.

9. **Other Announcements/Correspondence:**

- a. CALBH/C February Newsletter – this document was included for informational purposes only.

10. **Adjournment:**

There being no further business brought forward Vice-Chair Clarkson thanked everyone for their participation and adjourned the meeting at 5:49 p.m.