

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Regular Meeting

Thursday, January 9, 2020
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Rose called the meeting to order at 5:07 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were present: Chair Lupe Rose, Supervisor Gary Bradford, Supervisor Mike Ziegenmeyer, Secretary Lesley Clarkson, Margery Hubbard and Manny Vasquez.

The following members were excused: Vice Chair Paul Cluck and Kimberly Knight

Also present: Rick Bingham, Assistant Director of Health and Human Services, Behavioral Health Director; Jennifer Rafiq, Administrative Services Officer; Pamela Singh and Executive Secretary Sue Hopper.

3. **Action Items:**

- a. **Approve October 10, 2019 Meeting Minutes:** Member Bradford moved to approve the October 10, 2019 minutes as presented. The motion was seconded by Member Vasquez and carried as follows:

Aye votes: Board Members Rose, Ziegenmeyer, Clarkson, Hubbard, Bradford and Vasquez

Nay votes: None

Abstentions: None

- b. **Approve November 14, 2019 Meeting Minutes:** Member Vasquez moved to approve the November 14, 2019 minutes as presented. The motion was seconded by Member Bradford and carried as follows:

Aye votes: Board Members Rose, Ziegenmeyer, Clarkson, Hubbard, Bradford and Vasquez

Nay votes: None

Abstentions: None

4. **Program Update:** Mid-Year Budget Review – Jennifer Rafiq, Administrative Services Officer.
Ms. Rafiq reviewed a budget PowerPoint presentation. Highlights include:
- It is anticipated that SYBH will be Drug Medi-Cal (DMC) certified under the state plan for Fiscal Year 19/20. This will allow SYBH to draw down Medi-Cal dollars to pay for services such as individual therapy, discharge and treatment planning, and crisis for our SUDS clients. SYBH will contract with various provider in the community and region to be in compliance with DMC.
 - Health and Human Services (HHS) has integrated the operating budgets of the traditional mental health services (Core) and the Mental Health Services Act (MHSA) budgets. In practice, SYBH has always been an integrated operation.
 - SYBH served 5,348 unduplicated clients, representing both counties, in FY 2018/19.
 - Total budget is \$48.42 million. Revenues are higher than expected, yet expenses are up as well.
 - Last year it was reported that due to statewide growth in Realignment funding paid for increasing caseloads in Child Welfare Services, Foster Care, and/or In-Home Supportive Services (IHSS); these programs, by statute have first draw on Realignment growth dollars. However, Governor Newsom has increased funding for these social services and they will not reduce/affect BH Realignment growth dollars as previously noted.
 - Realignment funding is used as a match to draw down the Federal share of Medi-Cal revenue.
 - No Place Like Home Initiative (NPLHI), passed in 2016, will divert a portion of MHSA funds to provide bond funds for affordable housing to a target population of individuals who are living with serious mental illness and who are homeless or are at risk of homelessness. Some of the funding will be in the form of grants for which counties, or groups of counties, will have to compete for, while a smaller portion will provide technical assistance grants, of which Sutter County has received \$75,000 and Yuba County received \$75,000. SYBH will be researching any future NPLH competitive grants to fund future homeless projects.
 - The complexity of mental health and SUDS funding and programs has increased for a variety of reasons, including 2011 Realignment and major changes to MHSA's payment methodology. This increased complexity along with other state regulations has required added administrative staff in Administration and Finance and in Quality Assurance.
5. **Behavioral Health Director's Report – Rick Bingham, LMFT:**
Mr. Bingham reported on the following:
- Reorganizing SUDS and Forensics programs to be under the Adult Services Branch and overseen by one program manager versus being split in two different programs.
 - No Place Like Home – SYBH recently applied for a competitive grant. Looking at a site in Yuba County. This will mirror the New Haven project in Sutter County. Waiting to hear on award of grant.
 - SYBH is also applying for a grant to place counselors in schools. Both school districts are on board; will be meeting soon to discuss services and fund matching.
6. **Old Business:** None addressed.

7. **New Business:**

- a. Prevention & Early Intervention Programs – John Floe, Program Manager Community Services – discussion on suicide and prevention:
 - Schools are now required by the state to have a policy on suicide.
 - PEI conducts extensive training with high schools - Yellow Ribbon Suicide Prevention.
 - PEI is working to train teachers about suicide – what to look for, signs/symptoms, services, hotlines.
 - PEI has also worked with parents from each school with a one-hour training to share with the parents what is being shared with their students.
 - Signs of Suicide training is used in middle school trainings.
 - PEI has been invited to some elementary schools – spoke about how to contact a trusted adult and how to relate to them.
 - PEI will be starting a media campaign on suicide prevention and reducing stigma which will run through this year – videos will be in theatres and posters at bus stops and on billboards. It was suggested that materials for this campaign be distributed in Spanish as well as English.
- b. Review and Consider Application to fill Sutter County Consumer Member Position and Offer a Recommendation to the Sutter County Board of Supervisors – Pamela Singh.
 - Ms. Singh provided background information on herself which included working 25 years in the banking industry. Ms. Singh has also served as the chair for several non-profit organizations and was a member of several non-profit boards. Ms. Singh would like to join the BHAB and become a community liaison for the BHAB. After discussion it was determined that Ms. Singh does not qualify for the consumer representative seat as she does not consume services from SYBH. It was discussed that Ms. Hopper will follow up with Sutter County Counsel to see if it is possible to have Ms. Singh appointed as the At-Large Representative for Yuba County.

8. **Public Comment:** No public comments were received.

9. **Other Announcements/Correspondence:** None addressed.

10. **Adjournment:**

There being no further business brought forward Chair Rose thanked everyone for their participation and adjourned the meeting at 6:27 p.m.