

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Regular Meeting

Thursday, March 12, 2020
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Rose called the meeting to order at 5:11 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were present: Chair Lupe Rose, Supervisor Gary Bradford, Supervisor Mike Ziegenmeyer, Secretary Lesley Clarkson, Manny Vasquez and Vice Chair Paul Cluck.

The following members were excused: Margery Hubbard

The following members were absent: Kimberly Knight.

Also present: Mark Schlutsmeyer, Adult Services Branch Director; Phillip Hernandez, Program Manager; Karen Sangston, Executive Secretary and Sue Hopper, Executive Secretary.

3. **Action Items:**

- a. **Approve February 13, 2020 Meeting Minutes:** Member Clarkson moved to approve the February 13, 2020 minutes as presented. The motion was seconded by Member Vasquez and carried as follows:

Aye votes: Board Members Rose, Bradford, Ziegenmeyer, Clarkson, Vasquez and Cluck

Nay votes: None

Abstentions: None

- b. **Appoint Ad Hoc Committee to develop the Annual Year-End Report for FY 19-20**

Ms. Clarkson and Mr. Ziegenmeyer were appointed to develop the Annual Year-End Report for FY 19-20.

- c. **Approval of North Valley Behavioral Health Psychiatric Health Facility to be located on Stabler Lane:** Mr. Schlutsmeyer explained that Welfare & Institutions code, Division 4, Article 3, Section 4080(b)(1) states “For counties or county contract providers that choose to apply, the local mental health director shall first present to the local mental health advisory board for its review an explanation of the need for the facility and a description of the services to be provided.” North Valley Behavioral Health, LLC, proposes to operate a multidisciplinary inpatient psychiatric care facility which will be named “Stabler Lane Behavioral Health, Psychiatric Health Facility”. The program offered will be patient-centered with a “Patients First” philosophical base and guided by a multidisciplinary team that provides individualized 24-hour pharmacological, therapeutic, and rehabilitative interventions in a safe and secure environment. Sutter-Yuba Behavioral Health is supportive of the new facility.

Member Bradford moved to approve the North Valley Behavioral Health Psychiatric Facility proposal to be located on Stabler Lane. The motion was seconded by Member Cluck and carried as follows:

Aye votes: Board Members Rose, Bradford, Ziegenmeyer, Clarkson, Vasquez and Cluck
Nay votes: None
Abstentions: None

- d. **Review and Approve 2019 Data Notebook**

Member Ziegenmeyer moved to approve having Ms. Hopper submit the Data Notebook to the State once complete and email a copy to all BHAB members. The motion was seconded by Member Vasquez and carried as follows:

Aye votes: Board Members Rose, Bradford, Ziegenmeyer, Clarkson, Vasquez and Cluck
Nay votes: None
Abstentions: None

4. **Program Update: Options for Change – Phillip Hernandez, Program Manager:**

Mr. Hernandez introduced himself as the new program manager for Substance Use Disorder Services (SUDS) and Forensic Services and provided updates on the following:

Intervention Counselors (IC) – Options for Change recently hired one IC and is recruiting for one more. Once this position is filled the program will be fully-staffed with three IC’s.

Services can be accessed Monday thru Thursday on a walk-in basis. Potential clients are screened for eligibility and then scheduled for a full assessment. Treatment plans are then reviewed for medical necessity and a determination made as to eligibility. Clients eligible for services are then scheduled for their first group appointment. Treatment programs are a minimum of 20 weeks. Urine testing is used in conjunction with the individual’s treatment plan.

The program is in the process of updating their screening tools to assist with identifying substance use disorders. Residential treatment is also available, although funding is limited, and treatment cost can be around \$155 per day with a 30-day minimum.

Mr. Hernandez will be working towards a way to gather data that shows how many people were screened in access/triage, how many are following up with assessment and how many engage in treatment.

In closing Mr. Hernandez reported that Options for Change has received their Drug Medi-Cal certification letter from the state.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:**

Reporting on behalf of Mr. Bingham, Mr. Schlutsmeier reported on the following:

- The MHSA team is placing a newspaper ad to inform the public of the upcoming MHSA plan update. The plan update will be presented to the BHAB April 9th. The newspaper ad will invite the public to attend the April 9th BHAB meeting to hear about the plan updates. MHSA normally holds community forums during the 30-day comment period to inform the public of plan updates - this year MHSA held focus groups.
- EQRO review was held on 2/11/20. We are now waiting on the EQRO report. We did receive positive feedback during the visit.
- Position Updates: QA has offered the QA Review Nurse position. Children's Services has had an IC resign. SYBH attended a recruitment fair encouraging soon-to-be therapy graduates to consider employment with Sutter County.
- HEART team – working to get this team up and running. Staffing, purchasing vehicles and partnering with community agencies are all in the process.

6. **New Business:** None addressed.

7. **Old Business:**

- a. Follow-up on Program Presentation Brainstorming Session. Suggestion was to re-look at a different site to hold future BHAB meetings. Covillaud and Bridge Street schools have both been responsive. Suggestions also included Veteran's Hall, Ettl Hall and VFW. Ms. Hopper will follow up.
- b. Mental Health First Aid – Saturday Training Dates. Training can be provided on March 21 or 28; April 11, 18 or 25 and May 9. Ms. Hopper will email the dates for consideration.

8. **Public Comment:** None addressed.

9. **Other Announcements/Correspondence:** None addressed.

10. **Adjournment:**

There being no further business brought forward Chair Rose thanked everyone for their participation and adjourned the meeting at 6:13 p.m.