

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Conference Call

Thursday, May 14, 2020
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Rose called the meeting to order at 5:02 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the conference call: Chair Lupe Rose, Supervisor Gary Bradford, Supervisor Mike Ziegenmeyer, Secretary Lesley Clarkson, Margery Hubbard and Vice Chair Paul Cluck.

The following members were absent: Manny Vasquez

Also on the call: Rick Bingham, Assistant Director of Health and Human Services and Local Behavioral Health Director; Theresa Comstock, Executive Director of California Association of Local Behavioral Health Boards and Commissions and Sue Hopper, Executive Secretary.

3. **Action Items:**

- a. **Approve March 12, 2020 Meeting Minutes:** Member Clarkson moved to approve the March 12, 2020 minutes as presented. The motion was seconded by Member Bradford and carried as follows:

Aye votes: Board Members Rose, Bradford, Ziegenmeyer, Clarkson, Hubbard and Cluck
Nay votes: None
Abstentions: None

b. **Appoint an Election Coordinator for the Election of Officers for FY 20-21**

Mr. Ziegenmeyer moved to appoint Ms. Hubbard as the Election Coordinator for the Election of Officers for FY 20/21. The motion was seconded by Member Bradford and carried as follows:

Aye votes: Board Members Rose, Bradford, Ziegenmeyer, Clarkson, Hubbard and Cluck
Nay votes: None
Abstentions: None

4. **Behavioral Health Director's Report – Rick Bingham, LMFT:**

Mr. Bingham reported on the following:

- Sutter-Yuba Behavioral Health has received a re-supply of Naloxone. Naloxone is medication used by first responders to treat people who have overdosed on opiates or other drugs. This supply will be distributed to the Substance Use Disorder and Psychiatric Emergency Services programs.
- COVID-19 Update – SYBH services have, in large part, continued throughout this time. Staff are providing services over the phone and at times through telehealth. Clients are still being contacted for appointments (phone or telehealth) and prescriptions are still being provided. SYBH nurses made, and continue to make, home deliveries for medication to the more chronic individuals.
- Psychiatric Emergency Services (PES) and the Psychiatric Health Facility (PHF) both remained open during this time. The PHF operated on a reduced census to ensure single occupancy rooms. They are in the process of increasing the census using the necessary precautions for COVID.
- PES – business is as usual using social distancing precautions. The number of individuals seen in PES during this time on average remained the same through April, with significantly increased numbers served so far during the month of May.
- Adult Outpatient Services staff are also gearing up for an anticipated increase in service requests.
- Options for Change has been trying to keep clients engaged by one-on-one telephone check-ins.
- All SYBH staff returned to fulltime work effective May 4, 2020 although some continue to work from home to meet COVID requirements.
- Stabler Lane Facility – North Valley Behavioral Health is planning to open this facility on or around July 1, 2020. SYBH is working on a contract to be able to utilize the beds in this facility. This will assist with keeping clients local and allow SYBH to recoup approximately 50% of the cost for these clients.

5. **New Business:**

- BHAB Annual Report – Ms. Clarkson reported that she has drafted an outline for the annual report and requested the BHAB review what has been drafted and provide any feedback to her.

6. **Old Business:**

- a. Ms. Hubbard reported on the open-house event for Aegis Treatment Centers. The overall turnout was good. With 33 statewide offices Aegis is the largest outpatient treatment center for people suffering from addiction to heroin or opioids. Ms. Hubbard reports that the manager for the Marysville office would be willing to present to the BHAB in July 2020. Ms. Hopper will follow up with this request.

7. **Public Comment:**

Ms. Comstock states that CALBHBC is tracking what is happening throughout the state with the COVID situation and how it is impacting or may impact the behavioral health system. CALBHBC has a group advocating for increased funding since funding sources are currently being hit hard by this crisis.

CALBHBC is working on funding to get people out of jails and hospitals and out of homelessness and into housing during this time.

CALBHBC is also advocating for increased funding for behavioral health services in the school systems in order to serve all students.

CALBHBC data is showing an increase in calls to all California warm lines and an uptick in suicide in several communities.

8. **Other Announcements/Correspondence:**

- a. California Association of Local Behavioral Health Boards and Commissions Spring Newsletter.

9. **Adjournment:**

There being no further business brought forward Chair Rose thanked everyone for their participation and adjourned the meeting at 5:31 p.m.