

# Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

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Yuba City, CA 95991  
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## Minutes of the Conference Call

Thursday, September 10, 2020  
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

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### 1. **Call to Order**

Chair Cluck called the meeting to order at 5:10 p.m. and welcomed everyone to the meeting.

### 2. **Roll Call**

The following members were on the conference call: Chair Paul Cluck, Supervisor Gary Bradford, Vice Chair Lesley Clarkson, Secretary Margery Hubbard and Dana Weeks.

The following members were excused: Lupe Rose

The following members were absent: Manny Vasquez and Supervisor Mike Ziegenmeyer

Also on the call: Rick Bingham, Assistant Director of Health and Human Services and Local Behavioral Health Director; Rick Millhollin, Hands of Hope Executive Director; Chelsea Burke, Coordinated Entry Manager; Karen Sangston and Sue Hopper, Executive Secretaries.

### 3. **Action Items:**

- a. **Approve August 13, 2020 Meeting Minutes:** Member Clarkson moved to approve the August 13, 2020 minutes as presented. The motion was seconded by Member Weeks and carried as follows:

Aye votes: Board Members Clarkson, Weeks, Bradford, Hubbard and Cluck

Nay votes: None

Abstentions: None

### 4. **Program Update: Coordinated Entry – Rick Millhollin/Chelsea Burke – Program Managers**

Mr. Millhollin introduced himself and stated that Coordinated Entry was established in 2017 through a mandate from HUD for processes to be put in place in this region in order to secure funding for homeless services. Pre-COVID-19, Coordinated Entry was a one-stop-shop for clientele; working with partner agencies to provide all services needed. With COVID-19 everything changed, and services slowed. Partner agencies are now starting to trickle back in and services are getting back up to speed. When clients come in to Coordinated Entry a vulnerability assessment is performed. Services are provided using the ranking the client receives. The higher on the list they rank the quicker services are provided.

Ms. Burke states that before Coordinated Entry clients would have to go from location to location and go through multiple intake processes to try and find the right services for them. Transportation was a major

issue for these people. With Coordinated Entry clients undergo just one intake process and staff start connecting them to the right services.

Pre-COVID-19 agencies would come in to the facilities to provide services. Now a lot of services are beginning to be offered again, but through different platforms, such as Zoom. Computers are provided at both locations. The facility is hoping to offer AA and NA meetings soon.

The Street Nursing Program has started coming back in to both locations to provide health checkups and connections to services. Assistance to apply for medical benefits is offered along with free family counseling. When services fully open back up classes on Anger Management, Effective Communication, Team Building, Housing Skills and Healthy Habits will once again be offered. Currently they are working on bringing in a Zoom class on “Ready to Rent” which will help people understand how to be a good renter and what is required of landlords.

Clients who participate in at least two classes/services per week for the month are eligible for the incentive program. Incentives consist of lunch and a movie. This program is not currently being offered due to COVID-19.

Precautions are being taken. Mr. Millhollin meets with the Public Health Officer weekly to discuss hygiene and protocols that need to be put in place. Everyone must wear masks and maintain social distancing. Anyone not complying is asked to leave. Appointments are made for the Street Nursing Program and only a couple of people are allowed in the room at one time and follow social distancing guidelines.

The number of homeless people who have contracted COVID-19 remains very low. Trailers that were located at Habitat for Humanity have been moved to the fairgrounds. These trailers are used for homeless people who have tested positive for COVID-19.

Northern California Central Consortium paid for eight new computers for the centers through grants that they received from the state.

A large barrier to receiving services for this population is the ability to follow up with them. Most receive free phones from the state, but the phones usually end up lost or stolen. Another issue is that these phones need an address to be associated with them for activation. Coordinated Entry was letting them use their address however since a lot of people didn't activate the phones after using this address the address got blackballed through the system and is no longer able to be used. Coordinated Entry now has a system of red flagging the client's card if they are made aware that someone is looking for them. Ms. Clarkson suggested creating a survey to poll this population about the issues with the phone and communication in general. Ms. Clarkson will coordinate and follow up with the BHAB.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:
- Children's Services – some staff are being trained in evidenced based treatment models. Trauma Focused-Cognitive Behavioral Therapy (TF-CBT). This is a standardized treatment for youth who have experienced both simple and complex trauma. This will be a virtual training through CIBHS.
  - Children's Services - as school has started, they are expecting to see an increase in referrals to Youth Outpatient services. To manage this increase they are planning to transition an embedded therapist from Yuba County Child and Adult Protective Services (CAPS) to Youth Outpatient Services.
  - Adult Services – working on getting group sessions back up and running. Currently individual treatment is being provided through telephone or telehealth platforms. Staff will be using a virtual format for group sessions; starting with the family support group.

- Adult Services - HEART Team – this is a multi-disciplinary team consisting of behavioral health staff and community partners. This program has been in the planning phase for a couple of years now. Currently working on plans for what engagement will look like and spending plans for homeless outreach. With the recent laws passed for homeless camping this team will reach out to these folks and educate them on the law and provide any support that they need.
- Adult Services - Hmong Center – the center has worked diligently with clients one on one to get the Microsoft Teams application set up on phones and computers so that they can start group therapy. They will be starting with the men’s group on Monday, September 14<sup>th</sup>.
- Adult Services – Latino Outreach Center – services are still being provided using telehealth. Staff are also working at the DOC as outreach/contact tracing staff and contact investigating staff for Spanish speaking individuals that test positive for COVID-19.
- Acute Psychiatric Services - PHF – continues to implement COVID prevention protocols in the Psychiatric Health Facility (PHF) and Psychiatric Emergency Services (PES). These protocols include the use of enhanced Personal Protective Equipment (PPE), patient and staff screening processes, and CDC compliant disinfection and sanitation practices. With flu season coming up, the PHF will be implementing additional flu management practices to ensure that Influenza A, Influenza B and COVID screening processes are in place.
- Mental Health First Aid Training – courses are now being offered online. If members of the advisory board would like to take a MHFA class, Sue Hopper or Rick Bingham can provide you with the information. Courses can be offered in one 6-hour session, or two 3-hour sessions, and have an independent pre-course study session of two hours that is assigned upon registration to be completed prior to the date of the online class. Advisory members may also make suggestions of groups of people, organizations, or employers that MHFA should be offered to. Suggestions can be provided to Ms. Hopper. Paul Cluck and Dana Weeks both requested information on the course be sent to them.

In response to a question regarding securing a new location for the Hmong Center Mr. Bingham explained that Behavioral Health is still looking for a space as there are very few suitable buildings in the desired location.

6. **New Business:**

- Ms. Clarkson discussed “safe” parking lots. This is a place where homeless people living in their cars can park for the night. Ms. Clarkson was wondering if there are “safe” lots in our area. This item was addressed in the Data Notebook this year. Ms. Clarkson will research and report at the next meeting.
- In response to a question regarding families being displaced by the fires and currently staying at the fairgrounds, Mr. Bingham states that yes, there are mental health teams that go to these sites and talk to people and connect them with services if needed.

7. **Old Business:** None Addressed.

8. **Public Comment:** None Addressed.

9. **Other Announcements/Correspondence:**

- a. California Association of Local Behavioral Health Boards and Commissions September Newsletter – included in packet just for information.

10. **Adjournment:**

There being no further business brought forward Chair Cluck thanked everyone for their participation and adjourned the meeting at 6:05 p.m.