

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Conference Call

Thursday, October 8, 2020
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Cluck called the meeting to order at 5:05 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the conference call: Chair Paul Cluck, Supervisor Gary Bradford, Supervisor Mike Ziegenmeyer, Vice Chair Lesley Clarkson, Secretary Margery Hubbard and Dana Weeks.

The following members were excused: Lupe Rose and Manny Vasquez

Also on the call: Rick Bingham, Assistant Director of Health and Human Services and Local Behavioral Health Director; Rick Millhollin, Hands of Hope Executive Director; Chelsea Burke, Coordinated Entry Manager; Karen Sangston and Sue Hopper, Executive Secretaries.

3. **Action Items:**

- a. **Approve September 10, 2020 Meeting Minutes:** Member Hubbard moved to approve the September 10, 2020 minutes as presented. The motion was seconded by Member Bradford and carried as follows:

Aye votes: Board Members Clarkson, Weeks, Bradford, Hubbard, Ziegenmeyer and Cluck

Nay votes: None

Abstentions: None

4. **Program Update: Adult Outpatient, Myia McClendon, Program Manager:**

Ms. McClendon introduced herself as the Program Manager for Adult Services overseeing the Wellness & Recovery, Latino Outreach Center, Hmong Center and Urgent Outpatient Services programs. Ms. McClendon states that due to the pandemic Adult Outpatient is currently providing most services telephonically using platforms such as TEAM's for the Parent Support Group and Doxy.Me for individual therapy. This is generally going well. The biggest issue is with clients having the bandwidth and the know-how to use these platforms. Clients can come into the main building for assistance with their phone if needed.

Adult Outpatient provides services for clients 18 years and older. They have recently hired a program manager for the BEST Team (Bi-County Elderly Support Team) and this manager is also working with the HEART Team (Homeless Engagement and Response Team) serving the homeless population.

Ms. McClendon states they are continuing to gather data outcomes for years 2019/2020. Out of 889 appointments in Adult Outpatient 96.63% were made within 10 business days for offered appointments, which is the state standard. With the pandemic Adult Outpatient has been utilizing an office that has double glass for those who need to be seen in person.

Peer staff are going out into the community to engage clients involved in the Wellness & Recovery group therapy programs. They have been making packets and delivering packets and making sure people are getting points and incentives for completing packets. Just trying inventive ways for keeping people engaged. Adult Outpatient will use the Microsoft Teams platform to see if this is a viable way to conduct their group meetings.

Adult Education has restarted. The teacher has been going out into the community and dropping off and picking up homework packets. Adult Ed currently has seven students. Ms. McClendon states that they are in the process of restarting the Vocational Training and Culinary programs back up.

Ms. McClendon states that Adult Outpatient is working with a hiring agency to fill several therapist vacancies. In the meantime, they are undergoing some reorganization in order to meet the needs of all clients.

Ms. Clarkson is conducting a survey on communication services, mainly telephone, and offered to provide Ms. McClendon a copy of the report once it is finished.

Ms. McClendon reports that the Hmong Center is meeting clients individually utilizing outside spaces and showing clients how to use the TEAMS platform and conducting group meetings via TEAMS.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:
- Data Notebook – this year the Notebook is mainly focusing on telehealth technology and the engagement of clients because of the pandemic. Mr. Bingham states a partnership between the BHAB and SYBH will most likely be required to complete the Notebook. Mr. Bingham will work with SYBH staff and whomever the BHAB appoints to complete the Notebook to gather this information. Ms. Clarkson volunteered to complete the Notebook. Mr. Ziegenmeyer and Mr. Weeks will assist. Mr. Bingham will have SYBH staff provide data for the report and submit to the committee.
 - Children's Services – this program has noted an uptick in triages in the past couple of weeks. This is being attributed to school resuming and distance learning.
 - TAY FSP – staff have completed training around "Transitioning to Independence." This is a program for TAY students to assist with learning independent skills.
 - Adult – SUDS – group treatment is occurring via Zoom with great success. Drug testing has resumed for SUDS clients. This was discontinued for a while due to COVID-19.
 - Forensics – Jail Based Competency Programs – SYBH is in discussions with Yuba County jail to establish a program and Sutter County jail may be interested as well. This program reduces the amount of time that people found incompetent to stand trial remain in jail. Establishes programs in the jail where clients do not have to go to state hospitals and once competency is restored they can complete the court process.

Discussion on suicide awareness. Mr. Ziegenmeyer would like to see a system put in place to be able to keep the community informed of available resources and guidance for families. Information needs to be readily available at the hospital and an avenue to bring more awareness to this issue within the community.

6. **New Business:** None Addressed.
7. **Old Business:**
 - a. Safe Parking Lots – Ms. Clarkson reported that she contacted three counties with comparable demographics and most are using their fairgrounds for this purpose.
8. **Public Comment:** None Addressed.
9. **Other Announcements/Correspondence:** None Addressed.
10. **Adjournment:**

There being no further business brought forward Chair Cluck thanked everyone for their participation and adjourned the meeting at 5:59 p.m.