

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Teleconference Call
1-888-363-4735

Minutes of the Conference Call

Thursday, November 12, 2020
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Cluck called the meeting to order at 5:03 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the conference call: Chair Paul Cluck, Supervisor Gary Bradford, Supervisor Mike Ziegenmeyer, Vice Chair Lesley Clarkson and Secretary Margery Hubbard.

The following members were excused: Dana Weeks, Lupe Rose and Manny Vasquez

Also on the call: Rick Bingham, Assistant Director of Health and Human Services and Local Behavioral Health Director; David Patrick, Program Manager – Community Services; Elena Salazar, Social Worker Supervisor – Community Services, Karen Sangston and Sue Hopper, Executive Secretaries.

3. **Action Items:**

- a. **Approve October 8, 2020 Meeting Minutes:** Member Clarkson moved to approve the October 8, 2020 minutes as presented. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Board Members Clarkson, Bradford, Hubbard, Ziegenmeyer and Cluck
Nay votes: None
Abstentions: None

- b. **Review Data Notebook responses and authorize Ms. Clarkson to submit to the California Behavioral Health Planning Commission via the Survey Monkey platform:** Member Ziegenmeyer moved to approve the Data Notebook responses and authorizing Ms. Clarkson to submit the responses to the California Behavioral Health Planning Commission via the Survey Monkey platform. The motion was seconded by Member Bradford and carried as follows:

Aye votes: Board Members Clarkson, Bradford, Hubbard, Ziegenmeyer and Cluck
Nay votes: None
Abstentions: None

4. **Program Update: In Home Supportive Services – David Patrick, Program Manager:**

Ms. Salazar introduced herself as the Social Worker Supervisor for In Home Supportive Services (IHSS). IHSS provides paid assistance for income eligible individuals so that they can remain safely in their own home. IHSS offers services in domestic, non-medical, personal care services and medical accompaniment. Individuals must qualify for Medi-Cal and a physician must sign a health certification attesting to the applicants need for these services. Assessments are generally conducted in the client's home but due to the COVID situation assessments are currently being handled over the phone.

Ms. Salazar states that domestic services include basic housekeeping and personal care services can range from bladder care to feeding, dressing, bathing and ambulation. Transportation can be provided for medical appointments.

IHSS currently has 1200 authorized cases and receive an average of 40 applications per month. David Patrick's program also includes Adult Protective Services (APS). This is a small program with only 11 staff members. One employee is assigned to APS. A couple of staff are assigned to quality assurance for IHSS to ensure compliance with regulations. A lot of outreach is done, especially during this pandemic, to see if additional services such as food delivery is needed or for assistance during severe weather.

Ms. Salazar clarified that clients do not need to be deemed disabled by Social Security to qualify for the IHSS program. They just need to be Medi-Cal eligible.

In response to a question Mr. Patrick explained that the Public Authority oversees hiring IHSS staff and continually conducts outreach for this effort. Providers can also be in the home and can be a family member.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:

- Signs of Suicide – in September 2020 PEI began a Signs of Suicide campaign setting up booths at various agencies throughout the communities. They spoke to over 400 people.
- PEI has also posted several "posters" throughout both communities, generally at bus stops, that talk about suicide awareness.
- Marysville High School was recently chosen to participate in a pilot program, Teen MHFA (Mental Health First Aid).
- MHFA training is being offered and is available to anyone in the community. Target audiences have included county staff and partners such as Law Enforcement, Fire, hospital staff, etc. 100 trainings are being offered between now and June 2021.
- PEI has also recently posted videos on YouTube on managing stress and ideas to help people deal with the stress of COVID.
- ASIST (Applied Suicide Intervention Skills) – 18 trainings have been held at BEALE since July and four trainings have been held at Yuba College.
- Crisis services through Behavioral Health are still available 24/7. Outpatient services are being conducted via telehealth.

In response to a question Mr. Bingham states he will talk to staff to see if there are programs being offered that address dealing with adverse communications on social media.

BHAB meetings will continue to be held via teleconference or computer for the foreseeable future.

6. **New Business:** None addressed.

7. **Old Business:** None addressed.

8. **Public Comment:** None addressed.

9. **Other Announcements/Correspondence:**

a. Next meeting will be held Thursday, January 14, 2021. No December meeting.

10. **Adjournment:**

There being no further business brought forward Chair Cluck thanked everyone for their participation and adjourned the meeting at 5:54 p.m.