

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Valley Oak Conference Room

1965 Live Oak Boulevard

Yuba City, CA 95991

(530) 822-7200

Minutes of the Regular Meeting

Thursday, January 10, 2019

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. Call to Order

Secretary Lesley Clarkson called the meeting to order at 5:04 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were present: Secretary Lesley Clarkson, Yuba County Supervisor Gary Bradford, Sutter County Supervisor Mat Conant, Sutter County Supervisor Mike Ziegenmeyer, Margery Hubbard and Paul Chuck. Vice Chair Lupe Rose joined the meeting around 5:30.

The following members were excused: Chairperson Manny Vasquez.

Also present were the Assistant Health and Human Services Director and Local Mental Health Director Rick Bingham; John Floe, Community Services Program Manager; Rodolfo Rodriguez, Prevention Services Coordinator; Leah Northrop, Branch Director Public Health; Kimberly Knight and Executive Secretary Sue Hopper.

3. Action Items

- a. **Approve November 8, 2018 Meeting Minutes:** Supervisor Bradford moved to approve the meeting minutes of November 8, 2018 as submitted. The motion was seconded by Member Cluck and carried as follows:

Aye votes: Board Members Ziegenmeyer, Clarkson, Hubbard, Cluck and Bradford

Nay votes: None

Abstentions: None

- b. **Create Ad Hoc Committee to Complete and Submit Report to the California Mental Health Planning Council for the 2018 Data Notebook Submission:** Members Lesley Clarkson and Lupe Rose were designated to complete and submit the 2018 Data Notebook.

4. **Program Update: Homeless Resources & Outreach – John Floe and Rodolfo Rodriguez**

Mr. Rodriguez introduced himself and began by providing an update on the Friday Night Live (FNL) program:

- PEI created an informational brochure for FNL to distribute throughout the community to explain the purpose of FNL. FNL's focus is on policy and policy changes within the community. FNL is organizing a Town Hall meeting to discuss underage drinking. Meeting will be held at Gray Avenue school; currently looking for panel members and victims of underage drinking to participate. Purpose of the Town Hall is to raise awareness of underage drinking and develop prevention strategies. FNL has chapters in each of the high schools. Last year FNL conducted a town hall meeting on sales of marijuana within the community. Different projects are conducted each year. FNL Kids has been created for elementary schools – training them to become involved in the high school chapters. Club FNL is in place for middle schools. FNL has different themes, different curriculum for the respective grade levels; school advisors and teachers are involved in the groups. FNL is also focusing on the advertising and sales of alcohol and tobacco in proximity to schools and getting pledges from businesses to not sell these products to minors. Mr. Floe will send the FNL curriculums through email to Ms. Hopper to distribute to the BHAB.
- PEI collaborates with Public Health Education and Yuba County on all prevention activities.
- PEI continues to offer regular group presentations. Strengthening Families (parenting class) completed a seven-week program last year. PEI just scheduled a four-week refresher program with the same parents for the end of February.
- Aggression Replacement Training (ART) – offered to Yuba City High School and Live Oak High School.
- Mental Health First Aid (MHFA) – presentations are continuing throughout the community along with training on the Nurtured Heart Approach.
- Applied Suicide Intervention Skills Training (ASIST) – PEI has trained many agencies in both counties. Currently working with Beale Air Force for ASIST and MHFA.
- Signs of Suicide – training is in schools along with the Yellow Ribbon Program.
- Suicide Awareness – Camp Singer, Juvenile Hall and High Schools – over 700 people trained.
- Recreational Scholarship Program – continuing to offer to all levels of schools to students with trauma or family stressors. Referrals are through therapists and school counselors – provides protective factors to get the youth started and build resources. Last year 85 students were sponsored for \$25,000. Program assists youth with staying in school and working through their trauma.

5. **Behavioral Health Director's Report – Rick Bingham:**

- Staff from SYBH Psychiatric Emergency Services program spoke at the California Hospital Association in December regarding the PES collaboration with Rideout Hospital.
- SYBH staff have been training law enforcement departments in writing 5150's – how to write them, how to use them and where to take individuals when needed.
- Working on an MHS Innovation Project. The demand for crisis services has increased. Due to this, SYBH is looking at a project where individuals, who are normally only seen in crisis situations and don't follow up with appointments or treatment, are engaged to try and get them into treatment in an effort to reduce their crisis visits and/or hospitalizations.
- Adult Services is beginning to use peer staff to provide rides for clients who need transportation for medication appointments.

6. **New Business:**

- a. **Review and Consider Application to fill Yuba County Family Member Position and Offer a Recommendation to the Yuba County Board of Supervisors – Kimberly Knight.**

Ms. Knight provided an overview of previous boards that she has served on, her qualifications for the Behavioral Health Advisory Board and her reasons for wanting to serve on the BHAB.

The BHAB requested that Ms. Hopper send a letter to the Yuba County Board of Supervisors recommending appointment of Ms. Knight as a Yuba County Family Member representative to the BHAB.

7. **Old Business:**

- Homeless Shelter – BHAB would like to know location and times of upcoming meetings. Ms. Hopper will confirm dates and send out.
- The housing project at Garden Highway is a year or so out from construction. 42-unit project – 20 units dedicated to mentally ill homeless and others designated for homeless veterans, etc.
- HHS building on Gray Ave – asbestos removal should be getting close to completion; infrastructure needs reinforcing in order to meet code; design phase is on-going. Looking at 2021 for move dates.

8. **Public Comment:**

None addressed

9. **Other Announcements/Correspondence:**

- a. The CALBHBC Winter 2018 Newsletter was included in packets for review/information.

10. **Adjournment:**

There being no further business brought forward Vice Chair Rose thanked everyone for their participation and moved to adjourn the meeting at 6:00 p.m. The motion was approved by Member Cluck and carried by a unanimous voice vote of the members present.