

# **Sutter-Yuba Behavioral Health Behavioral Health Advisory Board**

*Valley Oak Conference Room*

1965 Live Oak Boulevard

Yuba City, CA 95991

(530) 822-7200

## **Minutes of the Regular Meeting**

Thursday, February 14, 2019

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

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### **1. Call to Order**

Vice Chair Rose called the meeting to order at 5:09 p.m. and welcomed everyone to the meeting.

### **2. Roll Call**

The following members were present: Yuba County Supervisor Gary Bradford, Secretary Lesley Clarkson, Vice Chair Lupe Rose, Paul Cluck and Kimberly Knight.

The following members were excused: Chairperson Manny Vasquez and Sutter County Supervisor Mike Ziegenmeyer,

The following members were absent: Margery Hubbard

Also present were the Assistant Health and Human Services Director and Local Mental Health Director Rick Bingham; Peter Sullivan, MHSA Coordinator/Staff Analyst; Mai Vang, MHT III; Alex Barela, MHT III and Executive Secretary Sue Hopper.

### **3. Action Items**

- a. **Approve January 10, 2019 Meeting Minutes:** Supervisor Bradford moved to approve the meeting minutes of January 10, 2019 as submitted. The motion was seconded by Member Cluck and carried as follows:

Aye votes: Board Members Bradford, Clarkson, Rose, Cluck and Knight

Nay votes: None

Abstentions: None

- b. **Approve re-appointment of Manny Vasquez as the At-Large Representative on the Behavioral Health Advisory Board for Sutter County and authorize Ms. Hopper to send a letter of recommendation to the Sutter County Board of Supervisors.** Board Member Cluck moved to approve the re-appointment of Manny Vasquez as the At-Large Representative on the Behavioral Health Advisory Board for Sutter County and authorize Ms. Hopper to send a letter of recommendation to the Sutter County Board of Supervisors. The motion was seconded by Supervisor Bradford and carried as follows:

Aye votes: Board Members Bradford, Clarkson, Rose, Cluck and Knight  
Nay votes: None  
Abstentions: None

4. **MHSA Plan Update – Peter Sullivan, Staff Analyst, MHSA Coordinator:**

Mr. Sullivan introduced himself and opened the floor for any comments on the MHSA Plan update and offered the following in response to questions:

- Funds that were not spent during the last fiscal year will now be spent to hire a peer mentor and possibly a data analyst for PEI, enhance services for the homeless outreach program, expand existing outreach contracts and provide workforce training. Funding being spent is one-time funding however other funding from the same source will continue for the next few years to keep services in place.
- Workforce Education Training – classes will be held at behavioral health and through the vocational training program in conjunction with the Sutter County Superintendent of Schools. Training will be announced through several sources such as the county website, both county libraries and the newspaper.
- Yuba College Partnership – goal is to create a partnership to help dispel misconceptions of mental and behavioral health issues and provide education on the resources offered by Sutter-Yuba Behavioral Health.
- Innovation Project – currently researching projects to reduce stigma in rural communities. Plan is currently being written and will be brought back to the BHAB once draft is complete.

- a. **Approve rescheduling the March 14, 2019 BHAB meeting to March 21, 2019 to accommodate the 30-day comment period for the MHSA Plan Annual Update.** Member Clarkson moved to approved rescheduling the March 14, 2019 BHAB to March 21, 2019 to accommodate the 30-day comment period for the MHSA Plan Annual Update. The motion was seconded by Supervisor Bradford and carried as follows:

Aye votes: Board Members Bradford, Clarkson, Rose, Cluck and Knight  
Nay votes: None  
Abstentions: None

- b. **Approve setting a Public Comment Period of February 14, 2019 to March 21, 2109 for the MHSA Plan Annual Update.** Member Knight moved to approve setting a Public Comment Period of February 14, 2019 to March 21, 2019 for the MHSA Plan Annual Update. The motion was seconded by Supervisor Bradford and carried as follows:

Aye votes: Board Members Bradford, Clarkson, Rose, Cluck and Knight  
Nay votes: None  
Abstentions: None

- c. **Approve setting a Public Hearing date of March 21, 2019 for the MHSA Plan Annual Update.** Member Clarkson moved to approve setting a Public Hearing date of March 21, 2019 for the MHSA Plan Annual Update. The motion was seconded by Vice Chair Rose and carried as follows:

Aye votes: Board Members Bradford, Clarkson, Rose, Cluck and Knight  
Nay votes: None  
Abstentions: None

5. **Program Update – Ethnic Outreach – Mai Vang, LCSW and Alex Barela, LCSW;**

Ms. Vang introduced herself and Mr. Barela and provided the following updates for the Ethnic Outreach Program:

- Ethnic Outreach Services provides full range outpatient specialty mental health services (except medication services provided at the main building) to Hmong & Spanish speaking members of both Sutter and Yuba Counties. Services includes, but are not limited to triage, intake assessment, individual therapy, groups, transportation to mental health appointments for those who qualify, interpreting at psychiatry appointments, case management services, and referrals.
- The Latino Outreach Center (LOC) serves both adults and children who are Spanish-speaking only or bilingual in the Sutter and Yuba Counties who are not engaging in the general mental health services due to cultural and linguistic barriers.
- The Hmong Outreach Center (HOC) currently serve Hmong-speaking only/bilingual adults only, due to the limited numbers of youth and children enrolled in services. For children, the HOC works with children mental health providers by providing language and cultural accommodations to families when the parents are monolingual. In efforts to reduce mental illness in Hmong youth/children, the HOC also partners with the Hmong American Association, a local Hmong non-profit organization, to run a youth support group.
- For the HOC, many consumers have suggested and reported that the facility is too small for activities. While we have worked with realtors to find a new location, we have not yet found any due to the limited availability of buildings in the Olivehurst/Marysville area that suits and meets the HOC needs. Mental health stigma and lack of knowledge about mental health services continue to create barriers for the Hmong community since the concept of counseling does not exist in their culture.
- For the LOC, some of the difficulties experienced in providing these services have been the negative mental health stigma among the Latino population and the temporary disruptions with excessive caseloads on two separate occasions when therapists left due to family needs and retirement.
- For both Ethnic Outreach Services, some of the outcomes gathered and reviewed through client surveys and electronic medical records (EMR) reports are the following:
  - ✓ Meeting objectives of providing effective access to specialized mental health services to traditionally underserved Latino/Hispanic community in Sutter and Yuba Counties
  - ✓ High levels of client satisfaction
  - ✓ Decrease mental health stigma among Latinos
  - ✓ Provide wide range of services (levels of intensity, youth, adults, couples and families).
  - ✓ Consistent high demand for our services since Center opened 3 years ago
  - ✓ Collaboration with other SYBH programs and community organizations such as local medical facilities, schools, law enforcement agencies, public services offices, housing and churches.

6. **Behavioral Health Director's Report – Rick Bingham:**

Mr. Bingham reported on the following:

- Psychiatric Emergency Services (PES) seen over 2,800 people in 2018; this has steadily increased over the last few years.
- PES is providing trainings to law enforcement on 5150 processes.
- PES is also piloting a temporary change for the night clinic located at 1965 Live Oak Blvd. Between the hours of 11:00 p.m. and 7:00 a.m. crisis services will not be provided at this address. Clients will be referred to crisis staff imbedded at Adventist-Rideout. Phone lines at 1965 Live Oak will still be answered 24/7.
- Forensics – while all services related to psychiatric medication services have now transitioned to Well Path for the Juvenile Hall and Camp Singer, Forensics continues to staff two therapists at these sites.
- Children's Services – Continuum of Care Reform is continuing to be implemented and staff continue to comply with this edict.
- Psychiatric Health Facility – sprinkler install is scheduled to begin in April; installation will be completed in phases so the PHF will not have to totally shutdown as previously reported.

7. **New Business:**

None addressed.

8. **Old Business:**

None addressed.

9. **Public Comment:**

None addressed

10. **Other Announcements/Correspondence:**

- a. March 9, 2019 BHAB training is confirmed.

11. **Adjournment:**

There being no further business brought forward Vice Chair Rose thanked everyone for their participation and Member Cluck moved to adjourn the meeting at 6:00 p.m. The motion was approved by Member Knight and carried by a unanimous voice vote of the members present.