

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Valley Oak Conference Room

1965 Live Oak Boulevard

Yuba City, CA 95991

(530) 822-7200

Minutes of the Regular Meeting and Public Hearing

Thursday, March 21, 2019

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Vasquez called the meeting to order at 5:06 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were present: Marjorie Hubbard, Manny Vasquez, Lesley Clarkson, Kimberly Knight, Lupe Rose and Paul Cluck.

The following members were excused: Supervisor Mike Ziegenmeyer Supervisor Gary Bradford,

Also present were Nancy O'Hara, Director of Health & Human Services; Rick Bingham, LMFT, Assistant Director of Health & Human Services; Peter Sullivan, Staff Analyst; Darrin Whittaker, MHT III - Forensics; and SYBH Executive Secretary Sue Hopper.

3. **Action Items**

- a. **Approve February 14, 2019 Meeting Minutes:** Board Member Cluck moved to approve the meeting minutes of February 14, 2019 as submitted. The motion was seconded by Board Member Clarkson and carried as follows:

Aye votes: Members Clarkson, Cluck, Hubbard, Vasquez, Knight and Rose.

Nay votes: None

Abstentions: None

- b. **Recommend appointment of Rick Bingham, LMFT, as the Local Mental Health Director and the Alcohol and Drug Program Administrator effective April 9, 2019 – background provided by Nancy O'Hara, Health and Human Services Director:** Board Member Hubbard moved to recommend appointment of Rick Bingham, LMFT, as the Local Mental Health Director and Alcohol and Drug Program Administrator. The motion was seconded by Board Member Clarkson and carried as follows:

Aye votes: Members Clarkson, Cluck, Hubbard, Vasquez, Knight and Rose.

Nay votes: None

Abstentions: None

In response to a question Ms. O'Hara stated that this recommendation will also be submitted to the Yuba County Board of Supervisors for approval.

4. **Program Presentation – Forensics – Darrin Whittaker, LMFT:** Mr. Whittaker reported on the following:

- Forensic Services provides psychiatric care, crisis intervention, and therapeutic services to a variety of individuals involved in the criminal justice system.
- Youth who are incarcerated at Camp Singer and Tri-County Juvenile Hall receive a full range of services from a therapist who acts as a case manager and discharge planner, linking them to resources in the community upon release.
- Psychiatric care, therapeutic services, case management, and group services are also provided in both Yuba and Sutter Counties Probation Departments. Most recently, a therapist was added at Yuba County probation to provide therapeutic services, but also to engage a special population with the District Attorney's office for individuals' pre-trial who experience mental health and substance abuse disorders.
- Forensics has substance abuse counselors working with youth and adults through Sutter County Probation Departments, providing services in and out of the jail/camp. And, an Intervention Counselor who works with the co-occurring population, providing case management, providing MRT groups for youth in juvenile hall, and connection resources upon discharge from the jails.
- CONREP is the conditional release program that services individuals who are placed in state psychiatric hospitals and determines readiness for treatment back in the community. CONREP is also in charge of determining placement of individuals who are determined incompetent to stand trial.
- Forensics serves a large age range, all genders, all nationalities, and can provide interpretation services via the Language Line. The purpose of these services is to focus on members of the community who are directly related to the criminal justice system(s). The goal is to reduce recidivism and help individuals who have psychiatric needs remain safe in the community, making better choices and changing their futures.
- The substance abuse program has helped individuals reduce their sentencing by earning credit through drug treatment programs in the jail.
- The biggest barrier or difficulty Forensics experiences with this population is the lack of basic needs being met. Often when individuals are released from custody they do not have their medical insurance set up, and it can take quite some time getting them re-established with their insurance provider. It is not uncommon for these individuals to experience housing, transportation, and income crises, which often can be a pre-cursor to them recidivating.
- One of the biggest barriers this population faces are sober facilities that allow for psychiatric medications to be taken; there is only one in the community and it is often full. Forensics will often have to coordinate care for an individual's out of county placement, where there is difficulty providing therapeutic care and coordination with probation services while placed out of county.
- Housing seems to be one of the biggest resource barriers for this population. Having the ability to locate housing that will take felons or more shelter options in our community could really change the course of events for this population. Often individuals will reoffend just to have shelter. Having a safe place to sleep is one of the necessities that this population struggles with on a regular basis.

In response to a question Mr. Whittaker states that he will defer to Ms. Evans to determine if recidivism rates are tracked; perhaps in the Probation Department. Mr. Bingham states that he believes the Community Correction Partnership (CCP) team tracks data on recidivism. CCP meetings are open to the public.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:**

- The Wellness & Recovery Rally will be held on May 2, 2019 on the front lawn of Behavioral Health.
- The First Steps Perinatal Day Treatment program moved to the Holly Oak complex effective March 11, 2019.
- Options For Change graduation will be held on April 10, 2019 and Drug Court graduation will be held on March 26, 2019.
- The Psychiatric Health Facility (PHF) increased daily census from 12 beds to 16 beds effective March 4, 2019. The PHF has always been licensed for 16 bed but due to staffing and other issues had not been able to utilize all 16.
- Well Path, which was formerly CFMG, has taken over behavioral health services at juvenile hall and camp singer. SYBH therapists are still embedded in both sites and are working alongside Well Path in their new capacity.
- Psychiatric Emergency Services (PES) continues to train agencies throughout the community on 5150 criteria and PES procedures. Sutter County Sheriffs were trained on March 19th and another training is scheduled for March 28th.
- PES presented at CHPSO (a division of the hospital quality institute) on our collaboration with Adventist-Rideout in relation to crisis services being embedded in the emergency room.
- PES has temporarily closed the voluntary PES clinic located at 1965 Live Oak Blvd from 11pm-7am due to low client volume and staffing issues. However, the crisis phone line is still available 24/7 and all emergencies are referred to Rideout's ED to be seen during the hours of the temporary closure (11pm – 7am).
- Youth Services is speaking to their contracted partner, Youth for Change, about increasing capacity for community based and FSP services.
- Transitional Aged Youth (TAY) prom will be held on May 30th. This is an annual event for youth to experience a safe, sober, prosocial event that promotes the use of social skills that are part of the treatment program at TAY.

6. **New Business:** - None addressed

7. **Old Business:** - None addressed

8. **Other Announcements/Correspondence:**

- a. CALBHB/C Annual Meeting and Training – April 9, 2019.
- b. CALBHB/C Capitol Day – April 10, 2019

Mr. Cluck and Ms. Clarkson are both registered to attend the CALBHB/C Annual Meeting, Training and Capitol Day.

9. **Background on the Sutter-Yuba Behavioral Health Mental Health Services Act (MHSA) Annual Update – Peter Sullivan, Staff Analyst, MHSA Coordinator:** Mr. Sullivan provided the following updates:
- Held three community engagement sessions with a total of five attendees.
 - No public comments have been received.
 - Met with Yuba Community College to begin partnership meetings.

10. **Adjourn to Public Hearing - 6:04 p.m.**

11. **Open Public Hearing – Chair Vasquez opened the Public Hearing at 6:04 p.m.**

Public Comment - The Sutter-Yuba Behavioral Health Advisory Board will now hear testimony and input from the public regarding the MHSA Annual Update for FY 19-20. If you wish to address the Board on this subject, please fill out a “speaker card” and give it to the recording secretary. Persons addressing the Board are asked to stand up and clearly state their name and address for the record. Speakers are asked to limit their comments to “three minutes” so all who wish to address the Board may do so. If you wish to speak to the Board on an item not on the agenda, there will be an opportunity after the Public Hearing is closed, however, the Board may not act on any item not on the agenda pursuant to Government Code Section 54954.2.

12. **Close Public Hearing – 6:08 p.m.**

13. **Reconvene Board Meeting – 6:08 p.m.**

14. **Action Item:**

- a. **Approve the SYBH MHSA Annual Update for FY 2019-20.** Board Member Cluck moved to approve the SYBH MHSA Annual Update for FY 2019-20. The motion was seconded by Board Member Knight and carried as follows:

Aye votes: Members Clarkson, Cluck, Hubbard, Vasquez, Knight and Rose.

Nay votes: None

Abstentions: None

15. **Public Comment:** None received.

16. **Adjournment**

There being no further business brought forward Chair Vasquez thanked everyone for their participation and subsequently adjourned the meeting at 6:10 p.m.