

# **Sutter-Yuba Behavioral Health Behavioral Health Advisory Board**

*Valley Oak Conference Room*

1965 Live Oak Boulevard

Yuba City, CA 95991

(530) 822-7200

## **Minutes of the Regular Meeting**

Thursday, April 11, 2019

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

---

### **1. Call to Order**

Vice Chair Rose called the meeting to order at 5:06 p.m. and welcomed everyone to the meeting.

### **2. Roll Call**

The following members were present: Secretary Lesley Clarkson, Vice Chair Lupe Rose, Paul Cluck, Margery Hubbard and Kimberly Knight.

The following members were excused: Sutter County Supervisor Mike Ziegenmeyer, Chair Manny Vasquez and Yuba County Supervisor Gary Bradford.

Also present were the Assistant Health and Human Services Director and Local Mental Health Director Rick Bingham; Susan Williamson, LCSW, Psych Program Manager and Executive Secretary Sue Hopper.

### **3. Action Items**

- a. **Approve March 21, 2019 Meeting Minutes:** Member Clarkson moved to approve the meeting minutes of March 21, 2019 as submitted. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Board Members Clarkson, Rose, Cluck, Hubbard and Knight

Nay votes: None

Abstentions: None

- b. **Appoint Ad Hoc Committee to develop the Annual Year-End Report for FY 2018-19:** Ms. Clarkson and Ms. Knight volunteered to develop the Annual Year-End Report for FY 2018-19.

### **4. Program Update – Susan Williamson, LCSW, Psych Program Manager:**

Ms. Williamson introduced herself and provided the following update for the Psychiatric Health Facility:

- The Psychiatric Health Facility (PHF) is a 16-bed, 24-hour inpatient facility that provides acute short-term hospitalization for adults in psychiatric crisis who cannot be safely served in outpatient services.

- Clients are admitted either voluntarily or involuntarily, otherwise known as a 5150 hold. Criteria of “Danger to Self,” “Danger to Others,” and/or “Grave Disability” is required for admission to the PHF and must be due to an acute behavioral health condition. Voluntary clients also need to meet criteria.
- As of March 4, 2019, the PHF has increased census capacity from 12 to 16 patients. The PHF has staffed extra Mental Health Workers and Nurses to adequately and safely provide services for the increase of four additional patients to the census. An average census of 15-16 patients from March 6 – March 21, 2019 has been maintained. There were only four patients placed in managed care hospitals March 1 – March 20, 2019 compared, for example, to 31 patients placed in managed care hospitals in February 2019.
- In response to a question Mr. Bingham explained that if the census goes above 16 beds the PHF then becomes a hospital instead of a PHF and new regulations would be required.
- The PHF utilizes the medical and social rehabilitation models of treatment and the principles of trauma-informed care. The program recognizes that patients and their families have specialized needs and respond to treatment in highly diverse ways and supports family engagement in treatment.
- Average length of stay is between two and three weeks.
- There are three primary barriers to treatment: 1) Stigma around mental health; 2) Lack of education on mental health; and 3) Lack of family member or supportive person.
- A plan is in place to install sprinklers on the PHF to remain in compliance with state regulations. During this installation the PHF will also receive new flooring and interior paint with beautiful new updated colors. The project went out for Request for Proposal (RFP) but did not yield any bids. The project was scheduled to begin in June 2019; however, the timeframe will be delayed a couple of months as we continue the process to secure a contractor.
- Medical issues should be ruled out before treatment begins for supposed psychiatric issues. SYBH does not treat medical issues. Clients are medically cleared at the hospital before being admitted to SYBH.

##### 5. **Behavioral Health Director’s Report – Rick Bingham, LMFT:**

Mr. Bingham reported on the following - Mental Health Services Act (MHSA) Innovation Project:

- MHSA funding is organized in 5 categories, Community Services and Supports, Prevention and Early Intervention, Innovation, Workforce Education and Training and Capital Facilities. Each category of funding has guidelines as to its use. Innovation funded projects are those that are focused on learning, and do at least one of the following;
  - 1) Introduces a new mental health practice or approach
  - 2) Makes a change to an existing mental health practice or approach, including but not limited to adaptation for a new setting or community
  - 3) Applies to the mental health system a promising community-driven practice or an approach that has been successful in non-mental health contexts of settings
- Innovation projects are time limited (can last up to 5 years) and include a heavy focus on evaluation of the project.
- The proposed innovation project SYBH is seeking stakeholder feedback on includes a suggestion for a mobile, field base engagement team that will respond to folks who have been recently hospitalized, or had an emergency psychiatric service, but are having a hard time connecting into outpatient care at a clinic.
- Stakeholder meetings will be held in Sutter County on April 25<sup>th</sup> from 3:30 – 6:00 at the Tucker Room located at 1425 Veteran’s Memorial Circle. And for Yuba County on April 30<sup>th</sup> from 3:30 – 6:00 at the Yuba County Government Center located at 915 8<sup>th</sup> St. Marysville.

- The purpose of the stakeholder meetings is to get feedback on the proposal concept and ask for input on how these ideas can be implemented.
- Once we have feedback from stakeholders, SYBH will post a detailed plan online for 30 days that stakeholders can read and provide further comment on sometime in May.
- Suggestion was to add an explanation of the project to the flyer being distributed for the stakeholder meetings.
- iCARE Teams will be comprised of Case Managers, Peers, Nurses and Therapists.

6. **New Business:**

- Discussion on conducting site visits.
- Suggestion was to visit Buddy's House – Ms. Clarkson will coordinate an appointment with the house manager.
- Suggestion was to compose a list of sites to visit and determine priority from there.
- Youth for Change, Harmony Health, Pathways, FREED, the Latino Outreach Center and the Hmong Center were other site visit recommendations.

7. **Old Business:** None addressed.

8. **Public Comment:** None addressed.

9. **Other Announcements/Correspondence:**

- a. 2018 Data Notebook has been submitted.
- b. American Society for Public Administration – Sacramento Chapter – Mental Health Board Panel on the Purpose and Operations of Local Mental Health – April 17, 2019.

10. **Adjournment:**

There being no further business brought forward Vice Chair Rose thanked everyone for their participation and Member Cluck moved to adjourn the meeting at 6:03 p.m. The motion was approved by Member Knight and carried by a unanimous voice vote of the members present.