

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Regular Meeting

Thursday, October 10, 2019
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. Call to Order

Chair Rose called the meeting to order at 5:06 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were present: Chair Lupe Rose, Vice Chair Paul Cluck, Mike Ziegenmeyer, Kimberly Knight and Manny Vasquez.

The following members were excused: Gary Bradford and Margery Hubbard

The following members were absent: Lesley Clarkson

Ms. Hopper reported that Ms. Kate Donaldson resigned her position on the board.

Also present: Rick Bingham, Assistant Director of Health and Human Services, Behavioral Health Director; Myia McClendon, Program Manager Clinical Services, Adult Services; Theresa Comstock, Executive Director, California Association of Local Behavioral Health Boards/Commissions and Executive Secretary Sue Hopper.

- ### **3. CALBHB/C's Executive Director Report** – Ms. Comstock reported that the California Association of Local Behavioral Health Boards/Commission supports the 59 mental and behavioral health boards throughout California and provides resources to assist board members in understanding their roles. CALBHB/C needs to hear from the boards, what concerns they have, what issues need to be statewide advocacy projects, etc. Ms. Comstock distributed the CALBHB/C newsletter which includes updates on the Welfare & Institutions Code applicable to behavioral health advisory boards. This information could affect current materials or bylaws. Ms. Comstock reviewed the changes with the board.

Ms. Comstock also distributed issue briefs on Criminal Justice and Older Adults and reviewed these documents with the board. CALBHB/C has had feedback from a lot of counties about not being able to review what is going on in jails. CALBHB/C suggests inviting speakers such as the Jail Warden/staff, related contractors/staff and the probation director/staff; utilizing the Patients' Rights Advocates to review mental health programs in jails and participating in the BHAB monthly meetings; conducting site visits and attending the Community Corrections Partnership meetings.

For Older Adults, Ms. Comstock discussed using evidence-based practices, increasing outreach and engagement to this population, including the Area Agency on Aging in your planning process, and using WET funding to train staff specifically on Older Adult issues.

In closing Ms. Comstock distributed a flyer on the CALBHB/C Central Region Meeting/Training being held in Stockton on October 19, 2019. CALBHB/C can provide expense cost in advance or can reimburse for one BHAB to attend. Mr. Vasquez and Mr. Cluck expressed interest in attending.

4. **Action Items:**

- a. **Approve July 11, 2019 Meeting Minutes:** Member Ziegenmeyer moved to approve the July 11, 2019 minutes as presented. The motion was seconded by Member Cluck and carried as follows:

Aye votes: Board Members Rose, Cluck, Ziegenmeyer, Knight and Vasquez

Nay votes: None

Abstentions: None

- b. **Approve September 12, 2019 Meeting Minutes:** Member Vasquez moved to approve the September 12, 2019 minutes as presented. The motion was seconded by Member Cluck and carried as follows:

Aye votes: Board Members Rose, Cluck, Ziegenmeyer, Knight and Vasquez

Nay votes: None

Abstentions: None

- c. **Create Ad-Hoc Committee to complete and submit 2019 Data Notebook:** Members Kimberly Knight, Mike Ziegenmeyer and Manny Vasquez were appointed to complete and submit the 2019 Data Notebook.

Program Update: Ms. McClendon introduced herself as the Program Manager – Clinical Services overseeing the Adult Outpatient Program and reviewed services offered within the program. The Open Access Clinic provides triage assessments to community members seeking immediate mental health treatment. Clinicians provide medication support services, individual therapy services, as well as group therapy services. The care coordinator assists community members with transient mental health needs with linkages to appropriate community resources. As well as assisting community members with linkage to managed care partners and primary care providers. Hours of operation are Monday –Thursday from 8am-2pm. This program serves adults 18 and over who are experiencing severe mental and emotional challenges.

IN FY 2017/2018 there were a total of 1,220 unduplicated clients signed into Open Access Clinic. A total of 699 triages were completed (includes duplicates). 353 completed intake/assessment. 412 individuals from the Open Access Clinic were scheduled for standard psychiatric evaluations, and 96 clients were scheduled for urgent medication evaluations. A total of 1,276 outpatient therapy appointments were scheduled with the Urgent Services Therapist.

According to a State report, Sutter-Yuba Behavioral Health has a 98% success rate in getting clients in to services. This is one of the highest rates in the State.

Ms. McClendon reports Adult Services is currently working to fill several vacancies for therapists and SUD counselors and will undergo some reorganization in coming months. This will include hiring a program manager for Substance Use Disorder and Forensics Services. The Forensics team that is currently under the Acute Psychiatric and Forensics Services Branch will move over to the Adult Services Branch. A Mental Health Therapist III position will also be moved into the SUD program to provide supervision for the Options for Change program. Adult Services will also be partnering with Youth for Change to provide Peer Mentors and Parent Partners that will be working in Youth Services, Youth Services-Transitional Age Youth, Adult Services and a Supervisor position.

In closing, Ms. McClendon distributed/reviewed flyers related to services/events offered throughout Adult Services. One of the courses, the culinary class, had 58 applicants. Interviews are currently being conducted to see who will be able to participate. Three attendees from the last class all obtained fulltime employment.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:**

Mr. Bingham reported on the following:

- **Quality Assurance:** One of the QA tasks is to ensure network adequacy, making sure SYBH has enough providers to meet capacity. To meet this obligation QA holds an annual luncheon for private practice providers to try and recruit them into our system. QA is looking to hold this luncheon twice a year now.
- **Acute Psychiatric/Forensic Branch:** Historically the PHF/PES programs have utilized extra help staff to assist with providing services. In the new SYBH budget some of these positions have been converted to fulltime to assist with employee retention/availability. PHF/PES are in the process of hiring for the fulltime positions.
- **Adult Services:** As discussed in the Adult Services program presentation the Forensics program will be combining with the SUDS program.
- **Children's Services:** Youth for Change, the SYBH contractor, is currently hiring for therapists. This has recently been a difficult position to recruit for. SYBH is also recruiting for therapists.
- **Mental Health Block Grant Project:** This grant ensures that youth discharging from Juvenile Hall have access to case management and treatment right away.
- On October 24, 2019, the Fall Festival will be held at Veteran's Hall hosted by Youth Services.
- **Homeless Shelter:** The shelter has 10 occupants right now. The Salvation Army backed out of management agreement so SYBH is providing staffing while the Request for Proposal is out.

6. **Old Business:**

- a. Follow-up discussion on obtaining a more accessible public location for BHAB Meetings:
 - Meetings will rotate from Sutter County to Yuba County once school sites are confirmed. Current proposal is to use Bridge Street in Yuba City and Covillaud School in Marysville.
 - It was suggested and agreed that this move be placed on hold until all BHAB members are present and can discuss.
- b. Feedback on the 25th Annual Recovery Happens Picnic Celebration:
 - Ms. Clarkson attended this function so will provide an update at the next meeting.

- c. Feedback on Site Visit for Pathways Treatment Center:
 - Tour was nice. Space is limited to 20 people – suggest expanding into larger building. Overall services being provided were amazing. Suggestion was to have a facility/program where people could stay longer.

7. **New Business:**

- a. In response to a question regarding urinalysis testing conducted for people visiting Psychiatric Emergency Services, Mr. Bingham replied that for people coming just for voluntary crisis services this testing does not apply. However, for people being considered for hospitalization or medication testing may be required as part of the medical clearance. Mr. Bingham will investigate this procedure further to clarify processes.
- b. Ms. Comstock public commented that she is on the NAPA County Mental Health Board and during a site visit to their crisis stabilization unit this issue was raised, and they were given the explanation that the client may be pregnant or have other medical issues that would counteract with medication.

8. **Public Comment:**

9. **Other Announcements/Correspondence:**

10. **Adjournment:**

There being no further business brought forward Chair Rose thanked everyone for their participation adjourned the meeting at 6:35 p.m.