

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

1965 Live Oak Blvd.
Yuba City, CA 95991
(530) 822-7200

Minutes of the Regular Meeting

Thursday, November 14, 2019
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

1. Call to Order

Vice Chair Cluck called the meeting to order at 5:15 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were present: Supervisor Gary Bradford, Vice Chair Paul Cluck, Supervisor Mike Ziegenmeyer and Manny Vasquez.

The following members were excused: Chair Lupe Rose

The following members were absent: Lesley Clarkson, Margery Hubbard and Kimberly Knight

Also present: Rick Bingham, Assistant Director of Health and Human Services, Behavioral Health Director; Susan Redford, Program Manager – Hospital & Emergency Services and Executive Secretary Sue Hopper.

3. Action Items:

a. Approve October 10, 2019 Meeting Minutes:

As there was not a quorum this item will be carried over to the January 9, 2020 meeting for approval.

4. Program Update:

Ms. Redford reported that Psychiatric Emergency Services (PES) provides services 24-hours per day 7-days per week, all year long, working out of two clinics; one here at Behavioral Health and a second site through a collaboration with Rideout Emergency Department (AHROED).

PES served approximately 2700 individuals last year. Between January and August 2019 PES served 1,625 individuals. In the month of September 2019, 220 individuals were served at AHROED. Ms. Redford stated that prior to PES being imbedded at AHROED, the average length of stay for someone seeking psychiatric services was anywhere from 24-hours to 5 – 6 days. The average length of stay now is 9 hours. Approximately 50% of those seen in PES on W&I 5150 are able to have the 5150 rescinded with a safety/support plan and connection to community resources.

Through the AHROED collaboration new processes have been put in place and are now being looked at by JCAHO (Joint Commission on Accreditation of Healthcare Organizations) for Best Practice Guidelines. When a person presents to the emergency department with a behavioral health need there is now a team from telepsychiatry, behavioral health and medical staff that respond and assessment begins at once. Clients are receiving timely real care and medications are being started.

Ms. Redford states that one of the strengths of this program is the amazing team of Crisis Counselors, Mental Health Workers, Mental Health Therapists and supervisors that comprise this program. Very high-quality workers are providing very high-quality care.

Ms. Redford discussed the growth of the collaboration with community resources such as law enforcement, jails, parole, and probation, citing that through this effort resources are being shared and clients are receiving better services.

Ms. Redford and one of the PES supervisors, Adam Reeb, recently trained in a 5150 certification with Sacramento County and have now developed 5150 training that has been presented to PES staff and Yuba County Jail Supervisors. Training will be offered to select individuals designated by the Board of Supervisors to be certified to write W&I 5150 applications. Training will also be offered to other law enforcement agencies in the bi-county area.

Some of the barriers PES faces is keeping the 24-hour shifts staffed; although administration has recognized and responded to the staffing needs by authorizing additional full-time staff opposed to extra-hire staff. Administration also assisted in brokering a more spacious office at AHROED.

Ms. Redford states more follow-up, outreach and support services would enhance the program and hopefully reduce the number of people coming in to crisis services. The iCARE Innovation Plan may help with this situation by engaging people in the community and help them get into and sustain services which would assist with avoiding hospitalizations. With the collaboration at AHROED the number of people being hospitalized has been reduced by 50%.

PES services currently cover Yuba/Sutter counties although they do receive clients from other counties such as Colusa and Sacramento. They then work with that county to fund those clients' services/hospitalizations.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:**

Mr. Bingham reported on the following:

- ✓ **Quality Assurance:** Completed a triennial audit – every three years the Department of Health Care Services (DHCS) audits services/charts/program and regulatory oversight. Although no final report has been received initial feedback was good.
- ✓ DHCS implemented enhanced monitoring for agencies not meeting standards which means that the agency would have monthly phone calls with DHCS and audits sooner than three years. DHCS informed SYBH at the exit interview that we are good for three years.
- ✓ **Children's Services:** Youth Services worked with PEI to provide a forum on LGBTQ+ youth. Occurred on October 10th.
- ✓ November 20th – Youth Services is planning an event with Sutter County Probation – Above the Frey – about bullying and providing information about the dangers of social media and bullying.

- ✓ Fall Festival – On October 24th Youth Services held their annual Fall Festival - 153 attendees. This program gives youth a chance to practice social skills that have been learned in program.
- ✓ Prevention & Early Intervention (PEI) conducts a lot of outreach in community to educate on prevention. Mr. Bingham will get a schedule of the outreach activities that PEI provides at schools and what grade levels are reached.

6. **Old Business:**

- a. Feedback on the 25th Annual Recovery Happens Picnic Celebration: No update provided.
- b. Feedback on the Central Region Meeting/Training: Mr. Cluck reported that the same updates that were provided by Theresa Comstock at last months BHAB meeting were also provided at the training. One of the keynote speakers encouraged people to be aware of using gender specific pronouns when talking with people, not calling people he or she.

7. **New Business:** None addressed

8. **Public Comment:**

- a. Discussion regarding people who are having problems adjusting to not having anything after last years fires.

9. **Other Announcements/Correspondence:**

- a. Reminder – No December meeting. Next meeting will be held on January 9, 2020.

10. **Adjournment:**

There being no further business brought forward Vice Chair Cluck thanked everyone for their participation and adjourned the meeting at 5:54 p.m.