

# Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Teleconference Call  
1-888-363-4735

## Minutes of the Conference Call

Thursday, April 8, 2021  
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

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### 1. **Call to Order**

Vice Chair Clarkson called the meeting to order at 5:01 p.m. and welcomed everyone to the meeting.

### 2. **Roll Call**

The following members were on the conference call: Supervisor Karm Bains, Vice Chair Leslie Clarkson Supervisor Seth Fuhrer, Margery Hubbard and Lupe Rose.

The following members were excused: Manny Vasquez

Also, on the call: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director, Betsy Gowan, Deputy Director for Adult Services/MHSA Coordinator, Ateequr Rehman and Sue Hopper, Executive Secretary.

### 3. **Action Items:**

- a. **Approve March 11, 2021 Meeting Minutes:** Member Bains moved to approve the March 11, 2021 minutes as presented. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, Rose and Clarkson  
Nay votes: None  
Abstentions: None

- b. **Review and Consider Application to fill Yuba County At-Large Position and Offer a recommendation to the Yuba County Board of Supervisors – Mr. Ateequr Rehman.** Mr. Rehman introduced himself stating he has a background in engineering and management. Mr. Rehman lives in Olivehurst and currently serves on a couple of other Yuba County committees. Member Fuhrer moved to approve sending a letter to the Yuba County Board of Supervisors recommending the appointment of Mr. Rehman to the Behavioral Health Advisory Board in the At-Large position for Yuba County. The motion was seconded by Member Bains and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, Rose and Clarkson  
Nay votes: None  
Abstentions: None

- c. **Discussion and vote on holding the BHAB meetings via Zoom, Microsoft Teams or continuing with Teleconference Calls:** After discussion it was decided that this item would be tabled for the next meeting. Supervisor Bains moved to table this item until the next meeting and the motion was seconded by Member Rose and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, Rose and Clarkson

Nay votes: None

Abstentions: None

- d. **Appoint Ad-hoc Committee to develop Year-end Report for Board of Supervisors.**

Ms. Clarkson volunteered to develop the Year-End Report for the Board of Supervisors. Ms. Rose will assist as time allows.

4. **Program Presentation – MHSA Program Update – Betsy Gowan, Deputy Director Adult Services/MHSA Coordinator:**

Ms. Gowan reported that the MHSA update will include where MHSA is at in the Community Program Planning Process (CPPP) and the timelines for the comment period and public hearing. Ms. Gowan will present the MHSA plan updates and any community comments at the BHAB meeting of May 13, 2021. The MHSA public comment period will open on April 13, 2021 and close on May 12, 2021. The plan will be posted to various sites on April 13, 2021. Ms. Gowan will provide a link to the MHSA Plan so that BHAB members can review it beforehand and a hardcopy can be mailed if needed.

Ms. Gowan explained that the Mental Health Services Act (MHSA), Proposition 63, was passed by voters and essentially puts a tax (one penny on every dollar for every dollar over a million) on individuals whose income is one million or more. There are five components of MHSA. Community Support Services (CSS) which addresses housing and includes projects like the No Place Like Home and the New Haven Housing project. Prevention & Early Intervention (PEI) includes campaigns, trainings and materials for items such as anti-stigma and suicide prevention. The Innovation component provides funding to try new methods to see if they are effective; basically, taking knowledge and applying treatments to see if it works. The iCARE Mobile Engagement Team is a product of this component. The next area is Workforce Education Training (WET). Behavioral health is experiencing a staffing shortage throughout the nation. This component provides funds to help with college and loan repayments and to keep the current workforce updated through trainings. And finally, Capital Facility and Infrastructure (CAPIT). This component assists with funding for updated computer systems and facilities. There are very strict guidelines from the State as to what the funding can be used for in each component and county facilities must provide proof of how the monies are/were spent.

5. **Behavioral Health Director's Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:

- Adult Services - negotiations are continuing with the CBO to provide and expand services that are currently offered. This is two contracts with three different parts. One is an expansion of the FSP which provides full scale, very intensive services to clients with the most needs. This expansion will add 30 more slots which the CBO will oversee. The second is the iCARE project which the CBO will also take over. And, the third is to provide supportive services at New Haven. The goal is to have this contract in place by the beginning of July. New Haven should open the end of this month or the first of May and county staff will provide services until the CBO contract is in place. Behavioral Health will utilize 19 of the 40 units.

- Children's – FURS (Family Urgent Response System) – targeted at children in or aging out of foster care. This is a statewide hotline. If an individual is calling from one of our counties and are unable to resolve through the statewide hotline, they are referred to our local FURS team, which consists of staff from Child Welfare, probation and SYBH. The interim plan started March 1, 2021. Right now, existing staff are covering the referrals. HHS is in negotiations with Butte and Yuba counties to pool resources and contract with another CBO to perform these services. Goal is to have this in place by July 1, 2021.
- Acute Psychiatric Services – Mental Health First Aid training is still being offered as part of Innovations Plan. Training will occur through the end of June. Over 400 community members have been trained.
- Electronic health records – Behavioral Health is looking at a new EHR system. SYBH has been utilizing the same software since 2012 with no updates. The new system will not require a third-party administrator and is much more efficient and user friendly. SYBH will experience a savings of over \$250k per year and will be able to join the health information exchange which is a software portal that allows confidential information to be sent electronically to other providers and vice-versa.

In response to a question Mr. Bains reported that the hotel on Highway 99 that was renovated for low income/homeless people is doing well. Currently at 50% capacity with very few issues reported.

6. **New Business:** None addressed.
7. **Old Business:**
  - a. **Obama Phone Survey:** Ms. Clarkson reported the Low-income Lifeline discount communication service is used by many clients of the Sutter Yuba Behavioral Health community. Studies have shown that since the pandemic, the use of telehealth appointments provide greater attendance levels. Clients are more likely to show up to an appointment if they can meet on the phone. Ms. Clarkson found that there are 11 contractors in the Yuba-Sutter area that access the Lifeline discount for their customers. Discounts are limited to one phone per household.
8. **Public Comment:** None addressed.
9. **Other Announcements/Correspondence:**
  - a. CALBH/C March Newsletter – for information only.
  - b. MHSA Revenue & Expenditure Report – for information only.
10. **Adjournment:**  
There being no further business brought forward Vice Chair Clarkson thanked everyone for their participation and adjourned the meeting at 5:54 p.m.