

**Sutter-Yuba Behavioral Health**  
**Behavioral Health Advisory Board**  
**Conference Call**  
**1-888-363-4735**  
**Access Code: 1871333**

**Minutes of the Regular Meeting/Conference Call and Public Hearing**

Thursday, May 13, 2021

5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7288 ext. 2275. Requests should be made at least 72 hours prior to the meeting. Later requests will be accommodated to the extent feasible.

---

1. **Call to Order**

Vice-Chair Clarkson called the meeting to order at 5:02 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the conference call: Vice Chair Lesley Clarkson, Supervisor Karm Bains, Supervisor Seth Fuhrer, Margery Hubbard and Lupe Rose.

The following members were excused: Manny Vasquez.

Also, on the call: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director; Elizabeth Gowan, Deputy Branch Director, Adult Services and MHSA Coordinator; Tony Vang, Staff Analyst, and Sue Hopper, Executive Secretary.

3. **Action Items**

- a. **Approve April 8, 2021 Meeting Minutes:** Board Member Bains moved to approve the meeting minutes of April 8, 2021 as submitted. The motion was seconded by Board Member Rose and carried as follows:

Aye votes: Members Bains, Rose, Hubbard, Clarkson and Fuhrer

Nay votes: None

Abstentions: None

- b. **Appoint an Election Coordinator for the Election of Officers for FY 2021 - 2022:**

Margery Hubbard volunteered to be the Election Coordinator for the election of Officers for FY 2021-2022. Board Member Bains moved to approve appointing Margery Hubbard as the Election Coordinator. The motion was seconded by Board Member Rose and carried as follows:

Aye votes: Members Bains, Rose, Hubbard, Clarkson and Fuhrer

Nay votes: None

Abstentions: None

4. **Behavioral Health Director's Report – Rick Bingham, HHS Assistant Director and Local Mental Health Director.** Mr. Bingham reported on the following:

- All county agencies have received direction from the county human resources office to have staff return to work. SYBH has an internal re-opening plan, which largely addresses the number of clients permitted in the building. SYBH recently went to Phase II of the internal re-opening plan which includes conducting some face-to-face services. Currently groups are limited to outdoor meetings and groups for the Substance Use Disorder Services program. The hope is to move to Phase III within the next few weeks which will include resuming all group meetings and increase other face-to-face services.
- The Adult Services Branch is in the final phases of wrapping up the contract with Telecare. This will include the FSP (Full-Service Partnership) expansion which expands the adult FSP program by 30 slots. Four of these slots will be dedicated to the Yuba County Drug Diversion program. The second part of this contract will be support for the mobile engagement team and the third part is supportive services at the New Haven housing project.
- Clients are beginning to move into New Haven. A ribbon cutting ceremony will be held on June 16<sup>th</sup>. All BHAB members are invited.
- The Hmong Center recently added space. They are now leasing the building next door which will allow for more treatment space.
- Yuba County Drug Court staff, judges and others involved, recently concluded Tune-Up training.
- SYBH is working with the jails to implement the MAT (medication assisted treatment) collaborative, for the treatment of opiates. Participants will be provided medication and a warm handoff to one of the community-based organizations (CBO) that provides MAT upon their release.
- The Children's Services Branch continues to plan for FURS (Family Urgent Response Services) implementation. Behavioral health staff will work alongside child welfare staff until the contract is finalized with the CBO.
- The Psychiatric Health Facility (PHF) has had some staff test positive for COVID this past week. All staff are now being tested weekly until all results come back negative. No new clients are being admitted throughout this process. PHF has gone through the entire pandemic – going 15 months with no positives, prior to this due to their careful following of protocols.

Discussion held on whether the BHAB should return to in-person meetings or continue to hold meetings via teleconference, ZOOM or TEAMS. After discussion it was decided to hold the June meeting in person with an option for members to attend via ZOOM or TEAMS. Future meetings will be decided once it is known what California is mandating. Governor Newsom is expected to make an announcement on June 15, 2021.

5. **New Business:** None addressed.

6. **Old Business:**

- a. Discussion on holding BHAB meetings via Zoom, Microsoft Teams or continuing with conference calls – carried over from April 8, 2021 meeting. *Discussed above.*

7. **Other Announcements/Correspondence:**

- a. CALBH/C Spring 2021 Newsletter – informational purposes only

**Vice Chair Adjourned the regular meeting of the BHAB at 5:27 p.m. and opened the Public Hearing at 5:27 p.m.**

8. **Mental Health Services Act (MHSA) Three-Year Plan Update** – Betsy Gowan, Adult Services Deputy Director – Ms. Gowan provided a background of MHSA:
- MHSA started out with passage of Proposition 63 in 2004. This provided for a 1% tax on anyone with an annual income in excess of \$1,000,000. These tax dollars are used to fund mental health programs through the State’s 58 counties.
  - There are six components of MHSA:
    - Community Program Planning Process (CPPP) – throughout this process proposed changes to the MHSA Plan are presented to the community and feedback gathered from the community. Substantive changes are then included in the plan and the plan is scheduled for a thirty-day review/comment period. At the conclusion of the review/comment period a public hearing is held.
    - Community Services & Support (CSS) – is designed to increase the amount and intensity of services for people living with severe mental illness and to help those people live the most independent life possible.
    - Capital and Information Technology (CAPIT) – this segment is designed to update building infrastructure and technology – such as the Electronic Health Record system. –
    - Workforce Education and Training (WET) – this segment provides training and educational obtainment to support a diverse workforce. There has been national shortage of qualified workers for behavioral agencies for quite some time.
    - Prevention & Early Intervention (PEI) – is designed to help prevent through early intervention services and decrease stigma around mental health issues.
    - Innovation (INN)– this segment is designed to provide funding for new or different service patterns to inform the mental health system of best or promising practices. The iCARE project is funded through this source.
  - Highlights of the Three-Year Plan Update include:
    - CSS – the idea of FSP is the bedrock or cornerstone of services that are provided. Full services provided in partnership with clients enabling them to live the best and most independent life. All age groups children through older adults. 51% of CSS must go to FSP services. With the three-year plan, adult FSP will be increased by 30 clients. The concept is that the iCARE team will work with people who don’t usually connect to services and those folks will be slotted into the 30 new slots. With the remaining 49% urgent services for both youth and adults has been increased and the Bi-County Elder Services Team (BEST), which assists clients 60 and older has been expanded. Ethnic Outreach, the Latino Outreach Center and Wellness & Recovery are all included in this component.
    - PEI – over 400 community members, employees, and first responders have been trained in Mental Health First Aid. Other prevention programs include Parenting Skills, Traditional Healer, Older Adult Mental Health Awareness, Promotores, Strengthening Families and Aggression Replacement Training. FURS (Family Urgent Response System) will fall into this category. Stigma discrimination and reduction and suicide prevention also fall into this component.
    - Innovation – iCARE mobile engagement is funded through this source. Once the contract with Telecare is finalized the mobile engagement teams will mobilize. Another component will be supportive housing services at the New Haven project. Six clients have now moved in New Haven Court.

- WET – contracts for 18 staff members have been sent to the Auditor-Controller’s office for tuition assistance or loan repayment. For the future SYBH will participating in the WET regional partnership where staff can compete for other funds.
  - In order to spend PEI funds that will otherwise revert to the state SYBH will training existing staff in Trauma Informed Care, Implicit Bias Awareness and Mindfulness.
- The CPPP (Community Program Planning Process) finished. The MHSA Three Year Plan 2021 – 2024 underwent a 30-day review and comment period with only one comment being received. That comment centered around percentages presented in the plan that were incorrect. That data has been corrected.
  - Stakeholder process – 43% were of stakeholders represented were clients or consumers and another 18% were family members or caregivers.
  - In review of the Three-year Plan Update Ms. Gowan realized that an older version of the budget was included in plan. Ms. Gowan will correct this if the plan is approved to move forward to the Board of Supervisors.

In response to a question Ms. Gowan stated that the Applied Suicide Intervention Skills Training (ASIST) has been put on hold due to COVID but should resume soon.

9. **Public Comment** - The Sutter-Yuba Behavioral Health Advisory Board will now hear testimony and input from the public regarding the MHSA Annual Update for FY 20-21. If you wish to address the Board on this subject, please inform the Vice Chair. Persons addressing the Board are asked to clearly state their name for the record. Speakers are asked to limit their comments to “three minutes” so all who wish to address the Board may do so. If you wish to speak to the Board on an item not on the agenda, there will be an opportunity after the Public Hearing is closed, however, the Board may not act on any item not on the agenda pursuant to Government Code Section 54954.2.

*No further public comments were received.*

10. **Vice Chair Clarkson closed the Public Hearing and reconvened the BHAB Meeting at 5:47 p.m.**

11. **Action Item:**

- a. **Approve the SYBH MHSA FY 2021-2024 Three Year Program and Expenditure Plan**  
 Board Member Clarkson moved to recommend that the BOS approve the SYBH MHSA FY 2021- 2024 Three Year Program and Expenditure Plan with the revision of including an updated budget. The motion was seconded by Board Member Hubbard and carried as follows:

Aye votes: Members Bains, Rose, Hubbard, Clarkson and Fuhrer  
 Nay votes: None  
 Abstentions: None

12. **Adjournment**

There being no further business brought forward Vice Chair Clarkson thanked everyone for their participation and subsequently adjourned the meeting at 5:51 p.m.