

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Minutes of the Regular & ZOOM Meeting

Thursday, June 10, 2021
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7327 ext. 202. Requests should be made at least 72 hours prior to the meeting. Late requests will be accommodated to the extent feasible.

1. **Call to Order**

Vice-Chair Clarkson called the meeting to order at 5:07 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the ZOOM meeting or in attendance: Vice Chair Lesley Clarkson, Supervisor Karm Bains, Supervisor Seth Fuhrer, and Margery Hubbard.

The following members were excused: Lupe Rose and Ateequr Rehman.

The following members were absent: Manny Vasquez

Also, in attendance: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director; Elizabeth Gowan, Deputy Director, Adult Services and MHSA Coordinator; Beth Parsons, CEO Youth For Change; Sarah Feingold, Youth For Change; and, Sue Hopper, Executive Secretary.

3. **Action Items:**

- a. **Approve May 13, 2021 Meeting Minutes:** Member Bains moved to approve the May 13, 2021 minutes as presented. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, and Clarkson
Nay votes: None
Abstentions: None

- b. **Discussion and vote on rescheduling the July 8, 2021 BHAB meeting to August 12, 2021:** Member Hubbard moved to approve rescheduling the July 8, 2021 meeting to August 12, 2021. The motion was seconded by Member Bains and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, and Clarkson
Nay votes: None
Abstentions: None

- c. **Review and approve Annual Report for FY 20-21 and authorize Ms. Hopper to send to the Board of Supervisors for each county:** Member Hubbard moved to approve the 20-21 Annual Report with the suggested changes and authorize Ms. Hoper to send to the Board of Supervisors for each county. The motion was seconded by Member Bains and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard, and Clarkson
Nay votes: None
Abstentions: None

- d. **Review and approve Presentation Calendar for FY 21-22.** Member Clarkson moved to the 21-22 Presentation Calendar as submitted. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Board Members Bains, Fuhrer, Hubbard and Clarkson
Nay votes: None
Abstentions: None

- e. **Report of Election Coordinator and Election of Officers for FY 21-22.** Member Bains moved to appoint officers for FY 21-22 as follows – Chair, Lesley Clarkson, Vice-Chair, Lupe Rose and Secretary, Margery Hubbard. The motion was seconded by Member Hubbard and carried as follows:

Aye votes: Members Rose, Bains, Fuhrer, and Hubbard
Nay votes: None
Abstentions: None

4. **Program Presentation: Youth for Change, Beth Parsons, CEO**

Youth For Change (Y4C) is a nonprofit, public benefit organization which has served communities for over 30 years specializing in community collaboration, social services, and specialty mental health and FSP services. Ms. Parsons and Ms. Feingold presented on the following.

- Full-Service Partnership (FSP) – this program provides both mental health services and comprehensive crisis team management from infant stage to about age 15. The Transitional Age Youth program (TAY) for SYBH would provide services for ages 16 and older. Full support and access to the client’s team is available 24/7. Safety planning and frequent child/family team meetings are conducted.
- Community Based Services (CBS) – this includes services that are provided in a location in the community that is most comfortable/convenient for the client and/or family. Examples include schools, libraries, the Y4C offices and the client home.
- Parent Child Interaction Therapy (PCIT) – this service is accessed through FSP or CBS. This is a unique service. Special rooms are provided to provide life coaching to care givers with their young children to increase bonding, attachment, and to address parent/child conflict.
- Medication management – Y4C has a psychiatrist on staff who manages this modality.
- Therapeutic Behavioral Supports (TBS) – this program is unique in that it is specific to try and interrupt placement in groups homes, STRP or psychiatric hospitals. These intense services are aimed to reduce targeted behaviors causing difficulties in the home. This includes teaching parents how to cope with those behaviors.

- In-Home Behavioral Support Services (IHBS) - this is a step down from TBS services, not quite as intense and criteria to participate is not as high-level as TBS.
 - Sutter County - High Fidelity Wrap Around – Provides comprehensive and intensive support services to families involved in child welfare or probation, and at risk for out of home placement.
 - Yuba County - Differential Response – provides a differential response to a report of child abuse and neglect that supports the family with resources and services to improve family functioning and avoid further involvement with child welfare.
 - Yuba County – CALWORKS Home Visiting – supporting health, child development, and parenting outcomes for pregnant and parenting families with infants and toddlers. This program focuses on ages zero to three years old.
 - Family Urgent Response System (FURS) – Y4C will be working with SYBH with foster youth or foster youth in care. Y4C would provide immediate, in-person visits and provide support for 72 hours. These are all referrals from the state hotline.
 - Butte County Programs – Y4C offers Foster Care and Adoption Services in Sutter/Yuba and Butte counties. There is center for youth on 6th St. in Chico. Homeless Emergency Action Response Team provides 24/7 response to homeless and vulnerable youth under the age of 18. Hospital Alternative Program (HAP) is in conjunction with Butte County Behavioral Health and is a very intensive 24/7 response to Medi-Cal beneficiaries 21 and under during a crisis episode with the goal of the intensive services providing enough intervention to avoid hospitalization.
 - Trauma Informed Care (TIC) commitment – Y4C has developed a specific cultural plan and committee that is very active and flourishing. Their “champions for change” committee meets monthly to address/review trauma informed and cultural plan and look at results and offer recommendations for improvements.
 - Reviewed data for SYBH counties – included in attached PowerPoint presentation.
 - Yuba County - CALWORKS highlights – serving 40 families – providing porch drop off kits with receipts, parent kits, family activities, games, books, craft supplies, and COVID-19 PPE. The parenting text campaign includes parenting tips, activities, and education.
5. **MHSA Program Update** – Betsy Gowan, Adult Services Deputy Director, MHSA Coordinator reported on the following:
- The MHSA Three Year Plan is on the agenda for the Board of Supervisors for June 22, 2021 for approval.
 - Tony Vang, Staff Analyst and Ms. Gowan attended a virtual meeting on using outcome data for internal programs and are identifying how to use this information to collect better MHSA outcome data.
6. **Behavioral Health Director’s Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:
- Board of Supervisors approved the contract with Telecare, a new community-based organization which will allow for expansion of the Adult FSP program and staffing the mobile engagement team for iCARE and supportive services for the 19 units at New Haven for behavioral health clients. New Haven services through this contract start on June 28th. FSP is projected to be mid-July and the mobile engagement team portion is projected to start mid-August/September.
 - New Haven ribbon cutting ceremony will be on June 16th @ 10. All BHAB members are invited.

- FURS - July 1st is still the projected date for this program. SYBH is still in the process of trying to contract with Butte and Yuba Counties for these services.
- Acute Psychiatric Services for the PHF – reported COVID issue for the PHF last month. With this issue response testing is required and has been conducted weekly since the issue began. A “green light” was issued last Friday essentially clearing the PHF to resume normal services. On Wednesday of this week we were notified that a client had tested positive after discharge. Response testing has now been implemented again. PHF will once again need two consecutive weeks of negative tests in order to admit clients.
- Mental Health First Aid (MHFA) – SYBH has is close to having trained 500 community members in this modality. Hoping to have more funds to allocate to this training in the near future.

7. **New Business:** None addressed

8. **Old Business:** None addressed.

9. **Public Comment:** None addressed.

10. **Other Announcements/Correspondence:** None addressed.

11. **Adjournment:**

There being no further business brought forward Vice-Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:04 p.m.