

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Minutes of the ZOOM Meeting and Conference Call

Thursday, October 14, 2021
5:00 p.m.

NOTICE: Requests for assistive listening devices or other accommodations, such as interpretive services, shall be made through the Executive Secretary (530) 822-7327 ext. 202. Requests should be made at least 72 hours prior to the meeting. Late requests will be accommodated to the extent feasible.

1. **Call to Order**

Chair Clarkson called the meeting to order at 5:03 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were on the ZOOM meeting or on conference call: Chair Lesley Clarkson, Supervisor Karm Bains, Supervisor Seth Fuhrer, and Secretary Margery Hubbard.

The following members were excused: Manny Vasquez, Vice-Chair Lupe Rose and Ateequr Rehman

The following members were absent: Jay Kaze

Also, in attendance: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director; Elizabeth “Betsy” Gowan, Deputy Director, Adult Services and MHSA Coordinator; Theresa Comstock, Executive Director, CALBH/C; John Floe, Program Manager Community Services, and Sue Hopper, Executive Secretary.

3. **Action Items:**

- a. **Approve September 16, 2021 Meeting Minutes:** Due to a lack of a quorum this item will be moved to the November 18, 2021 meeting for approval.
 - b. **Create Ad-Hoc Committee to complete and submit 2021 Data Notebook – submission date is November 30, 2021.** Lesley Clarkson and Seth Fuhrer volunteered to complete and submit the 2021 Data Notebook. Ms. Clarkson and Mr. Fuhrer scheduled a meeting for 1:00 p.m. on November 15, 2021. Mr. Bingham will also poll Sutter-Yuba Behavioral Health programs associated with questions on the Data Notebook to assist with responses.
4. **Brown Act Update** – Theresa Comstock, Executive Director, California Association of Local Behavioral Health Boards & Commissions provided an update on the Brown Act. Ms. Comstock explained that a meeting is considered a gathering of the majority of the members. By this definition any time there are multiple contacts outside of the regular BHAB meeting and board business is discussed, these contacts can be considered a meeting. All meetings of public bodies must be “open and public.”

The BHAB falls under "legislative body". Legislative bodies of each agency's governing body, plus "covered boards" that is, any board, commission, committee, task force or other advisory body are all subject to Brown Act requirements. Standing committees, with the exception of adhoc committees (unless the full BHAB is on the adhoc committee), also fall under this rule.

All documents shared with the BHAB should be posted for public perusal. Agendas must be posted a minimum of 72 hours in advance of the regular meeting. For special meetings, agendas must be posted at least 24 hours in advance.

Ms. Comstock states that a public comment period should be included at the beginning of each agenda. Public participants are not required to sign-in and/or provide identification. Public comments can be time limited. Items not on the agenda can be discussed but cannot be acted on. Non-disruptive recording and broadcasting is allowed.

Teleconferencing when not operating during a public emergency is allowed with the following requirements:

- a. Agendas are posted at all teleconference location and each teleconference located must be listed on the meeting notice and agenda.
- b. Each location must be accessible to the public.
- c. At least a quorum of the members must participate from locations within the county and the agenda must provide an opportunity for members of the public to address the legislative body at each teleconference location.
- d. Conduct only public votes.
- e. Teleconference votes must be by roll call.

Public Emergency Allowances for Teleconferencing include:

- f. Until January 1, 2024, local boards and commission may meet solely by teleconference without providing any physical meeting addresses during a proclaimed state of emergency in which state or local officials have imposed or recommended measures to promote social distancing. Continuation of this allowance requires that the local agency must place an item on the agenda of a Brown Act meeting once every thirty days to make findings regarding the circumstances of the emergency and vote to continues using the law's exemptions for as long as it deems necessary.

Board members may attend conferences called by someone else and are not subject to Brown Act rules as long as specific business matters from their jurisdiction are not discussed. It is also permissible to hold "closed" meetings under certain circumstances and with specific requirements. Even with the lack of a quorum, boards are still required to meet openly. Board retreats are also subject to the Brown Act.

5. **Program Presentation** – PEI – John Floe, Program Manager Community Services presented:

Mr. Floe states the PEI (Prevention & Early Intervention) started in 2010 and is tasked with looking at unique cultural needs of the community and providing programs to meet those needs from a community perspective. PEI programs are evidence-based designed to empower the community, build protective factors, increase support, and increase mental health awareness by reducing stigma. PEI serves both children and adults.

PEI provides trainings and programs such as Mental Health First Aid, ASIST, Friday Night Live, Nurtured Heart Approach, and Trauma Informed Care and maintains the Network of Care website which is a resource for individuals, families and agencies concerned with behavioral health. Mr. Floe reports that the Yuba-Sutter Resiliency Connection Prevent Adverse Childhood Experiences (PACES) website was launched in 2020/2021 to provide education and outreach regarding adverse childhood experiences.

During 2020/2021 PEI staff were very busy helping out with COVID issues; providing outreach and support. PEI programs are currently being provided in schools. The Signs of Suicide training has been provided to all students and staff of Marysville High School. PEI has also been providing groups and trainings on ZOOM and provided a support group for students going back to school during this pandemic.

6. **SUDS Program Update – Continuum of Care – Phillip Hernandez, Program Manager:** No updates provided.

7. **MHSA Program Update** – Betsy Gowan, Adult Services Deputy Director, MHSA Coordinator reported:

MHSA is currently planning for the annual update report and will share timeline information and input on community focus groups soon. Ms. Gowan also announced that Jesse Hallford has replaced Peter Sullivan as the Staff Analyst for MHSA.

8. **Behavioral Health Director’s Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:

- iCARE Mobile Engagement Team – SYBH has contracted with Telecare to manage and launch this program. Should be launching within the next few weeks. This team will engage folks not following up with care after their emergency has subsided. This team is not about treatment – just engagement – with the hopes of treatment down the line. Three vans have been ordered for the team. One will have an office space and one will have the ability to go into the river bottoms if needed. With the current supply chain issues the goal is to have these in place within the next few months. Current vehicles will continue to be used until the new vans arrive.
- Adult Therapist RFP: As SYBH has not been able to completely fill the Adult Services therapist positions for several years, the process has begun for an RFP that would allow these positions to be contracted out. Current vacant positions will be removed from the allocation schedule and re-allocated to the contract provider. The goal is to have the RFP published within the next few weeks.

9. **New Business:** Ms. Clarkson attended the CALBH/C training on October 8, 2021. She learned that other boards post their meeting agendas throughout the community. Ms. Clarkson feels this would assist with recruitment and educating the community on the work of the BHAB and perhaps get more community participation. Ms. Hopper explained that the agenda is currently posted in the lobby of both Board of Supervisors offices, libraries for both counties and sent to the Appeal-Democrat for their lobby. It is also posted on the Sutter County website.
10. **Old Business:** None addressed.
11. **Public Comment:** None provided.
12. **Other Announcements/Correspondence:**
 - a. CALBHB/C Meeting and/or Training – included for informational purposes only.
13. **Adjournment:**

There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 5:57 p.m.