

Yuba County and Sutter County COVID Decision Tree for Non-Healthcare Exposures

Have you shared the same indoor space of 400,000 or fewer cubic feet per floor** (home, clinic waiting room, airplane, etc.) with a COVID-positive person for at least 15 minutes over a 24-hour period during their infectious period?



Yes

No

Have you share the same large indoor spaces greater than 400,000 cubic feet per floor** (such as open-floor-plan offices, warehouses, large retail stores, manufacturing, or food processing facilities) AND were within 6 feet of the infected person for a cumulative total of 15 minutes or more over a 24-hour period during the infected person's infectious period.

Yes

No

You are a close contact.
Do you have any symptoms*?

**You are not a close contact.
Continue to follow precautions.**

Yes

No

Self-isolate and get tested for COVID-19 immediately (regardless of vaccination status). Remain in isolation while waiting for results. Antigen test preferred for those who have tested positive within the prior 90 days.

Have you been infected within the **prior 30 days?**

Test Negative

Test Positive

No

Yes

Did not Test for COVID-19

If symptoms persist, consider continuing self-isolation and retesting in 1-2 days if testing negative with an antigen test, particularly if tested during first 1-2 days of symptoms. Wear a well-fitting mask around others for 10 days after symptoms onset.

If unable to test or choosing not to test, isolate for 10 days and until symptoms improve and no fever for 24 hours or more.

Isolate for 5 days and until symptoms improved and no fever for 24 hours or more. If fever is present, continue isolation until 24 hours after fever resolves and symptoms have improved. **Contact your healthcare provider immediately if symptoms are severe.** Inform close contacts since 2 days before your symptoms started that they were exposed. Wear well-fitting mask around others for 10 days. You may stop masking sooner than day 10 with two sequential negative tests, one day apart.

Regardless of vaccination status, test within 3-5 days after last exposure. No quarantine required (if test is negative). Wear a well-fitting mask around others for total 10 days, especially indoors or around those at higher risk for severe COVID-19 disease.
If you test positive,

Do not need to be tested, quarantined, or excluded from work unless symptoms develop. If symptoms develop, self-isolate and test for COVID-19 immediately and follow instructions for symptomatic close contacts.

*Symptoms of COVID-19 include fever, chills, cough, shortness of breath, headache, sore throat, body/muscle aches, runny or stuffy nose, loss of taste or smell, nausea, vomiting, or diarrhea.
**Spaces that are separated by floor-to-ceiling walls (e.g., offices, suites, rooms, waiting areas, bathrooms, or break or eating areas that are separated by floor-to-ceiling walls) must be considered distinct indoor airspaces