

# Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

## Minutes of the Regular and ZOOM Meeting

Thursday, May 12, 2022  
5:00 p.m.

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1. **Call to Order**

Chair Clarkson called the meeting to order at 5:02 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance either via ZOOM, in-person, or conference call: Chair Lesley Clarkson, Supervisor Karm Bains, Supervisor Seth Fuhrer, Manny Cardoza, Mary Page, Jay Kaze, and Secretary Margery Hubbard.

The following members were absent: Ateequr Rehman

Also, in attendance: Mark Schlutsmeyer, Adult Services Branch Director; Susan Redford, Program Manager – Hospital & Emergency Services; Sarah Eberhardt-Rios, Acute Psychiatric Services Branch Director; Phillip Hernandez, Program Manager SUDS; Heather Esemann and Sue Hopper, Executive Secretary.

3. **Public Comment:** None addressed.

4. **Action Items:**

- a. **Approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference.** Discussion held on holding the BHAB meeting via ZOOM or in-person. Discussion held on holding the BHAB meeting at other venues – such as the library. Members would like for the meeting to be moved in order to encourage more public participation, have a more accessible location and so that attendees would not have to wear masks. Ms. Clarkson will send out correspondence encouraging members to attend in person. This item will be added to the agenda for the June meeting.

Member Cardoza moved to approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference. The motion was seconded by Member Kaze.

Aye votes: Fuhrer, Hubbard

Nay votes: Clarkson, Page, Cardoza, Kaze

Abstentions: None

b. **Approve April 14, 2022, Meeting Minutes**

Member Cardoza moved to approve the April 14, 2022, meeting minutes as submitted. The motion was seconded by Member Kaze.

Aye votes: Fuhrer, Hubbard, Clarkson, Page, Cardoza and Kaze

Nay votes: None

Abstentions: None

c. **Review and approve Presentation Calendar for FY 22/23**

Member Cardoza moved to approve the Presentation Calendar for FY 22/23 noting that Ms. Hopper will work to replace the June 8, 2023, presenter as this program is duplicated on the current calendar. The motion was seconded by Member Hubbard.

Aye votes: Fuhrer, Hubbard, Clarkson, Page, Cardoza and Kaze

Nay votes: None

Abstentions: None

d. **Appoint an Election Coordinator for the Election of Officers for FY 22/23.**

Ms. Clarkson nominated Ms. Hubbard as the Election Coordinator for the Election of Officers for FY 22/23.

Aye votes: Fuhrer, Hubbard, Clarkson, Page, Cardoza and Kaze

Nay votes: None

Abstentions: None

e. **Review and Consider Application to fill Sutter County Family Representative seat and offer a recommendation to the Sutter County Board of Supervisors – Heather Esemann.**

Member Bains moved to approve offering a recommendation to the Sutter County Board of Supervisors for Ms. Esemann to fill the Family Representative Seat. The motion was seconded by Member Cardoza and carried as follows:

Aye votes: Fuhrer, Hubbard, Clarkson, Page, Cardoza, Kaze and Bains

Nay votes: None

Abstentions: None

5. **Program Presentation** – Psychiatric Emergency Services – Susan Redford, Program Manager and Sarah Eberhardt-Rios, Branch Director – reported on the following:
- Crisis services are provided at 1965 Live Oak Blvd and have also been imbedded at Adventist Rideout Emergency Department for 6.5 years. This partnership is working well and has allowed for less hospitalizations.
  - Psychiatric Emergency Services (PES) serves all populations.
  - In 2020 PES served 2310 clients; in 2021 PES served 2179 clients. For the first quarter of 2022, 577 clients have been served.

- PES is currently only admitting approximately 40% of people seen. This is a decrease from previous years.
- Worked through the duration of the pandemic – never shut down any shift and remained imbedded in the Emergency Department.
- Experiencing staff shortage and working in very confined spaces.
- Adventist Rideout released recognition message for PES staff – very well received. PES collaboration with Adventist Rideout has been identified as the “Gold Standard” of care throughout the state.
- 5150 process is used for all ages. Must meet certain criteria for 5150 – danger to self, danger to others or grave disability as a result of a mental health disorder. 5150 holds are put on other people, such as autistic or dementia – PES then reviews and works to rescind this hold if applicable. PES would rather have the hold placed and have the opportunity to review and rescind if necessary.
- Ms. Redford and Ms. Duran are available at all times to assist law enforcement.
- PES tracks all contacts and looks for trends/spikes. Data is available through Ms. Redford.

6. **MHSA Program Update** – Mark Schlutsmeyer, Adult Services Branch Director:

Mr. Schlutsmeyer will be providing this report for Ms. Gowan through September 2022.

- The Board of Supervisors (for both Sutter and Yuba Counties) approved the MHSA FY 20/21 Annual Update on Tuesday, May 10, 2022.
- The MHSA team is currently working on updating its internal strategic plan.
- WET partnership – this partnership offers scholarships to individuals who are in hard to fill positions – such as therapists or nurses and is also being used as a recruitment tool to assist with paying for education.
- Working on expanding Prevention & Early Intervention services to include more intervention services for adults in the Adult Outpatient Clinic.
- MHSA Steering Committee – this committee meets the third Thursday of every month. This is an on-going community planning process for MHSA funds. Mr. Schlutsmeyer will send the meeting link out if anyone is interested in participating. This is a hybrid meeting held via ZOOM or in person.

7. **SUDS Program Update** – Phillip Hernandez, Program Manager:

- First Steps services that were impacted throughout pandemic are now up and running at full capacity.
- Outpatient Services are also up to full capacity.
- No youth are currently in treatment.
- Medication Assisted Treatment (MAT) for youth is posing a challenge. No providers in the community are willing to provide treatment for youth other than Peachtree, however they have a waiting list and are very hard to get into. Staff continue to work to try and identify providers and identify barriers for youth aged 16 -18 years.

8. **Behavioral Health Director’s Report – Rick Bingham, LMFT:** Reporting for Mr. Bingham

Mr. Schlutsmeyer reported on the following:

- New agency signs are being installed out in front of the building – the biggest sign should be replaced this weekend. The signs now say Sutter-Yuba Behavioral Health.
- Youth Services – MHSSA collaboration between Sutter-Yuba Behavioral Health, Victor Services and Sutter County Schools that has created a mobile access hub and as of the last report has received six referrals.
- Adult Services – launching a collaborative court program with Yuba County. This program is for individuals who cycle through the court system over and over again,

usually for minor offenses. They are diverted through the court to this program to receive treatment. One person in the program now and a few referrals are being reviewed. Will eventually look at establishing this in Sutter County as well.

- Adult Services has an RFP out to apply for a community care expansion grant for a community care home – one proposal has been received. This is state funding and SYBH would partner with a community provider.
- Adult Services launched a program in Yuba County called Start to Finish. This program sets aside beds that the HEART team can use for contacts who are ready for treatment; two beds are reserved at 14 Forward. Looking at reserving beds at Better Way and the Rescue Mission.
- iCARE – program is up and running and taking referrals.
- Cedar Lane – project is similar to New Haven Court and is slated to open on September 15, 2022.

9. **New Business:**

- Discussion on identifying a new meeting location for the Behavioral Health Advisory Board beginning in July. Ms. Clarkson will contact the county libraries to see if they are available and viable for a new meeting space.

10. **Old Business:** None addressed.

11. **Other Announcements/Correspondence:**

- a. California Association of Local Behavioral Health Boards and Commissions Spring Newsletter – information only. Ms. Clarkson highlighted the commission training taking place on May 13, 2022 for those who may be interested.

12. **Adjournment:**

- a. There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:16 p.m.