



**know  
your health.**



**know  
monkeypox.**



# MONKEYPOX

Monkeypox is a rare viral infection spread through close personal contact, including kissing, sex, and other skin-to-skin contact. Symptoms can include fever, body aches, swollen lymph nodes, skin rashes or lesions, chills & exhaustion. Although there has been a small number of monkeypox cases in the United States, knowing your risk is important.



**MORE INFO**

**ANYONE CAN GET MONKEYPOX.**



## WHAT YOU CAN DO

### STAY INFORMED

Remain calm. This is a rapidly changing situation. Visit the CDC's website for the latest guidance.

### CONTACT



If you have symptoms or feel sick, call (do not visit) your health care provider, and ask about testing.

### ISOLATE

If you have symptoms, stay at home, wear a mask, and cover lesions to protect others.



For general information, call Sutter County Public Health at (530) 822-7215 during regular business hours.