

Sutter-Yuba Behavioral Health Behavioral Health Advisory Board

Minutes of the Regular Meeting

Thursday, July 14, 2022
5:00 p.m.

1. **Call to Order**

Chair Clarkson called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Chair Lesley Clarkson, Supervisor Karm Bains, Mary Page, Heather Esemann and Jay Kaze.

The following members were excused: Manny Cardoza and Supervisor Seth Fuhrer

The following members were absent: Ateequr Rehman

Also, in attendance: Rick Bingham, HHS Assistant Director and Behavioral Health Director; Jesse Hallford, Staff Analyst, Sutter-Yuba Behavioral Health; Margaret Walker and Sue Hopper, Executive Secretary.

3. **Public Comment:** Ms. Walker stated she would like to join the Behavioral Health Advisory Board. Ms. Hopper will work with Ms. Walker on the application process.

Mr. Kaze would like to add an item for discussion on the next agenda. Report to legislature – Red Flag Rules – History of Yuba County discussion.

4. **Action Items:**

- a. **Approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference.** Mr. Bains moved to approve to enact emergency allowances during the COVID-19 Pandemic to all the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference. The motion was seconded by Member Kaze.

Aye votes: None

Nay votes: Clarkson, Bains, Page, Esemann and Kaze.

Abstentions: None

- b. **Approve May 12, 2022, Meeting Minutes.** Ms. Page moved to approve the May 12, 2022, meeting minutes as submitted. The motion was seconded by Member Bains.

Aye votes: Clarkson, Bains, Page, Esemann and Kaze.

Nay votes: None

Abstentions: None

- c. **Appoint an Election Coordinator for the Election of Officers for FY 22/23.** Ms. Esemann volunteered to act as the Election Coordinator for the Election of Officer of FY 22/23.
- d. **Review and approve Annual Report for FY 21-22.** Mr. Bains moved to approve the Annual Report for FY 21-22. The motion was seconded by Member Kaze.

Discussion included:

- ✓ Ms. Esemann's name is not spelled correctly in the current document.
- ✓ Budget figures can be explained by the Administrative Services Officer for Sutter-Yuba Behavioral Health. Ms. Hallford can also send a PowerPoint presentation that includes the breakdown of funds for the Mental Health Services Act programs. Ms. Hallford also extended an invitation for any member of the BHAB to attend the monthly Steering Committee for MHSA. Ms. Hallford will send the invite to Ms. Hopper to distribute to the BHAB. The July meeting has been cancelled.

Aye votes: Clarkson, Bains, Page, and Kaze
 Nay votes: None
 Abstentions: Esemann

- e. **Create Ad-Hoc Committee to complete and submit the 2022 Data Notebook.** Ms. Clarkson and Mr. Kaze volunteered to complete and submit the 2022 Data Notebook.

- 5. **Program Presentation** – First Steps – Tammy Quinn, Prevention Services Coordinator – reported on the following:
 - First Steps provides Intensive Out-patient Treatment (IOT) and Out-patient Drug Free (ODF) services to pregnant and parenting women in the Yuba/Sutter area.
 - Most clients are covered through Drug Medi-Cal, although regular insurance is accepted as well. First Steps is funded through SABG and county funding.
 - IOT services are three days a week for three hours each day. ODF services will depend on the need of the mother. It could be two or three days a week for 1 ½ hours each day and is less intensive than the IOT program. Clients generally participate for a period of six months. This could be shorter or longer depending on client needs.
 - Residential treatment needs are contracted through Progress House, Granite Wellness and Pathways.
 - Curriculum for First Steps clients is Seeking Safety, Parenting, Co-dependency, Matrix, Living in Balance, Anger Management, Women Who love Too Much, MRT – Moral Reconciliation Therapy, and process group. Participants also look at their family history and work through this throughout the program by creating an autobiography that is eventually burned at the end of the program as a way of saying goodbye to their past.
 - A few times a year First Steps offers an alumni group with graduates.
 - First Steps has a therapist on-site for women who are wanting therapy and are not offered this service at another location.
 - First Steps offers onsite childcare for participants staffed with a county staff member and one of the mothers.
 - Drug testing is used as a motivational tool and to allow First Steps to gauge how the client is doing. Clients are encouraged to connect with a sponsor/mentor in the community to assist with their recovery.

- Between July 1, 2021, and June 30, 2022, 54 women were admitted to the First Steps program. This was the first admit for 45 of those women; the second admit for 8 of those women and the third admit for one woman. First Steps currently experiences a 50 -60% success rate. Graduation has been down throughout COVID.
 - First Steps has a maximum capacity of 24 clients with a current enrollment of 12.
6. **MHSA Program Update** – Mark Schlutsmeyer, Adult Services Branch Director:
Reporting for Mr. Schlutsmeyer, Ms. Hallford reported on the following:
- Working on 22/23 MHSA Annual Update – will have a review to the BHAB by September.
 - Steering Committee – would like to have BHAB representation for a community perspective.
 - WET Regional Collaborative – WET is one of the five MHSA sections. SYBH joined the regional collaborative which awards up to \$10,000 loan repayment to the candidate after 12 months of employment. There were 14 applicants – all have self-certified, and certifications have been reviewed by supervisory staff. Next phase will be county certification to ensure they qualify.
 - Cedar Lane Project – MHSA services are scheduled to begin in September when this facility opens.
7. **SUDS Program Update** – Phillip Hernandez, Program Manager:
- Mr. Bingham reported that Mr. Hernandez continues to work on obtaining Medication Assisted Treatment (MAT) for youth (ages 16 – 18) addicted to opiates. Mr. Hernandez is working with a provider and hopes to be able to implement this within the next few weeks.
8. **Behavioral Health Director’s Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:
- Care Court – some changes in the proposed legislation have been made. Still don’t know what the final document will look like. Concerns over funding still remain. Governor believes MHSA funds are available and should be used. MHSA funds are already allocated through the Three-Year Plans for most counties. No provision to provide funds is included in the proposal. Projections are high – counties would have to cut programs if funds are not a part of the proposal.
9. **New Business:**
- 2021-2022 Grand Jury final Report – Sutter Yuba Behavioral Health/Behind the Times.
 - Ms. Esemann provided response process guidance from a prior Grand Juror perspective.
 - Mr. Bingham states that HHS/SYBH will provide a response to the Board of Supervisors.
 - Will add this item to the agenda for August. Ms. Clarkson, Ms. Esemann, Mr. Kaze and Ms. Page will work to compile a response for the August agenda.
 - A tour of the PHF will be scheduled for BHAB members wanting to participate.
10. **Old Business:** None addressed.
11. **Other Announcements/Correspondence:**
- a. Margery Hubbard resigned effective June 7, 2022 – informational only.

12. **Action Item:**

- a. **Report of Election Coordinator and Election of Officers for FY 22-23** - Ms. Clarkson was nominated for Chair, Mr. Kaze was nominated for Vice-Chair and Ms. Page was nominated Secretary. All candidates confirmed their nominations.

Chair – Member Kaze motioned to appoint Lesley Clarkson as the Chair for the Sutter-Yuba Behavioral Health Advisory Board for FY 22-23. The motion was seconded by Member Bains and carried as follows:

Aye votes: Clarkson, Bains, Page, Esemann and Kaze.
Nay votes: None
Abstentions: None

Vice-Chair - Member Bains motioned to appoint Jay Kaze as the Vice-Chair for the Sutter-Yuba Behavioral Health Advisory Board for FY 22-23. The motion was seconded by Member Page and carried as follows:

Aye votes: Clarkson, Bains, Page, Esemann and Kaze.
Nay votes: None
Abstentions: None

Secretary - Member Bains motioned to appoint Mary Page as the Secretary for the Sutter-Yuba Behavioral Health Advisory Board for FY 22-23. The motion was seconded by Member Kaze and carried as follows:

Aye votes: Clarkson, Bains, Page, Esemann and Kaze.
Nay votes: None
Abstentions: None

13. **Adjournment:**

- a. There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:37 p.m.