

**Sutter-Yuba Behavioral Health  
Behavioral Health Advisory Board**

**Minutes of the Regular Meeting**

Thursday, August 11, 2022

5:00 p.m.

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1. **Call to Order**

Chair Clarkson called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Chair Lesley Clarkson, Supervisor Karm Bains, Mary Page, Ateequr Rehman and Manny Cardoza.

The following members were excused: Heather Esemann, Jay Kaze and Seth Fuhrer.

Also, in attendance: Rick Bingham, HHS Assistant Director and Behavioral Health Director; April Tate, Adult Services Program Manager; Phillip Hernandez, Program Manager SUDS; Margaret Walker, Margery Hubbard, Bill and Sue Hopper, Executive Secretary.

3. **Public Comment:** Ms. Clarkson presented Ms. Hubbard with a Certificate of Appreciation for 19 years of service to the Behavioral Health and Substance Abuse Advisory Boards.

4. **Action Items:**

a. **Approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference**

Member Cardoza moved to approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Teleconference. The motion was seconded by Member Page. Discussion on looking for an alternate site that would allow teleconferencing capabilities.

Aye votes: Bains

Nay votes: Clarkson, Cardoza, Page, Rehman

Abstentions:

b. **Approve July 14, 2022, Meeting Minutes**

Member Cardoza moved to approve the July 14, 2022; meeting minutes as submitted. The motion was seconded by Member Page.

Aye votes: Bains, Cardoza, Rehman, Clarkson, and Page.

Nay votes: None

Abstentions: None

c. **Review and Consider Application to fill Sutter County Consumer Representative seat and offer a recommendation to the Sutter County Board of Supervisors – Margaret Walker**

Member Bains moved to approve the offering of a recommendation to the Sutter County Board of Supervisors to appoint Margaret Walker. The motion was seconded by Member Cardoza.

Aye votes: Bains, Cardoza, Rehman, Clarkson, and Page.

Nay votes: None

Abstentions: None

d. **Review and Approve Response to 2021-2022 Grand Jury Final Report**

Discussion – Ms. Clarkson distributed a second draft for the response to the 2021-2022 Grand Jury Final Report. Mr. Bingham reiterated that whatever recommendations the Behavioral Health Advisory Board comes up with should be submitted to the Board of Supervisors who will submit the final response. Health & Human Services will also be submitting their own response to the Board of Supervisors.

Ms. Clarkson requested that board members review the two documents submitted and provide recommendations/comments to her. Ms. Clarkson will make the revisions and provide a final draft for the Behavioral Health Advisory Board of September 8, 2022.

Member Cardoza moved to approve moving the review/approval of the response to the 2021/2022 Grand Jury Report to September 8, 2022, for approval. The motion was seconded by Member Rehman.

Aye votes: Bains, Cardoza, Rehman, Clarkson, and Page.

Nay votes: None

Abstentions: None

5. **Program Presentation** – HEART/BEST/PATH - April Tate, Program Manager – reported on the following:

HEART – Homeless Engagement and Resolution Team

- ✓ Outreach program designed to identify, engage, interview, and assess homeless clients in order to connect them to services in Sutter and Yuba Counties.
- ✓ Team goes to river bottoms, homeless camps – trying to reach the most difficult to serve individuals. Team consists of members from Sutter-Yuba Behavioral Health, Hands of Hope and local law enforcement agencies.
- ✓ Start to Finish – new program within HEART program – works with individuals with substance abuse issues who are ready for inpatient treatment services and getting them into treatment. Currently has three clients in treatment and three clients in shelters waiting to go to treatment.
- ✓ Will be adding a supervisor and substance use staff to this team.
- ✓ Generally, 17 contacts are made with individuals before getting them to agree to begin services.

BEST – Bi-County Elderly Services Team

- ✓ Provides mental health services to older adults 60+ with psychiatric disabilities who may be physically or geographically isolated and determined to be unserved or underserved residents of Sutter or Yuba counties.

- ✓ Works in collaboration with individuals, their families, social service agencies, public health, the medical community, senior centers, law enforcement and senior housing entities.
  - ✓ Provides mental health screenings, psychosocial assessments, education, individual therapy services, outreach, information peer-delivered services and support.
  - ✓ One therapist designated to this population
- PATH – Persons Assisting the Homeless**
- ✓ Team of two Resource Specialists, one for outreach and one for housing, and a case manager to support individuals in everyday items such as doctor’s appointments and creating budgets to sustain housing: along with a multitude of other services.
  - ✓ Specific to individuals that need specialty mental health services.
  - ✓ Clients are generally people who have been in the Psychiatric Health Facility or referred from a hospital or contacted through outreach to shelters.
6. **MHSA Program Update** – Mark Schlutsmeier, Adult Services Branch Director:  
Mr. Schlutsmeier will be providing this report for Ms. Gowan through September 2022.
- ✓ All programs discussed by Ms. Tate are MHSA programs. No further updates provided.
7. **SUDS Program Update** – Phillip Hernandez, Program Manager:
- ✓ Mr. Hernandez has met with Dr. Cassidy on providing treatment for youth with opiate disorders. Dr. Cassidy will begin treating this population; two minors are currently in treatment. Mr. Hernandez continues to work with Wellpath with the goal of them also eventually treating this population.
  - ✓ SUDS has recently hired a bilingual Intervention Counselor.
  - ✓ Community Response Team – opioid response team – currently collecting data – Sutter-Yuba Health Council has volunteered to be the collection source for this data.
  - ✓ Sutter County Jail has a collaborative MAT (medication assisted treatment) program being implemented – state funded effort – to address opioid abusers coming into the jail. Current process is that jails detox detainees - with this new program jails would continue to administer treatment medications.
  - ✓ Mr. Hernandez reports that the number one drug of choice for Sutter County users continues to be methamphetamine, alcohol is second and opioids are third.
  - ✓ Recovery Happens Picnic – event will be held in September – volunteers and donations are needed.
8. **Behavioral Health Director’s Report – Rick Bingham, LMFT:** Mr. Bingham reported on the following:
- ✓ As most members of the Behavioral Health Advisory Board are fairly new, Mr. Bingham distributed and reviewed a document on the duties of local boards and commissions.
9. **New Business:**
- a. Discussion – Red Flag Rules/History of Yuba County. Tabled and carried over to the September 8, 2022, meeting.
10. **Old Business:** None addressed.
11. **Other Announcements/Correspondence:**

- a. California Association of Local Behavioral Health Boards and Commissions Summer Newsletter – informational only. Central Region meeting will be held in Chico this year on August 20<sup>th</sup>. Duties of the Behavioral Health Advisory Board will be reviewed at this meeting.

12. **Adjournment:**

- a. There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:25 p.m.