

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, September 8, 2022

5:00 p.m.

1. **Call to Order**

Chair Clarkson called the meeting to order at 5:05 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Chair Lesley Clarkson, Mary Page, Ateequr Rehman, Maggie Walker, Jay Kaze, Heather Esemann and Manny Cardoza.

The following members were excused: Supervisor Seth Fuhrer

The following members were absent: Supervisor Karm Bains

Also, in attendance: Rick Bingham, HHS Assistant Director and Behavioral Health Director; Phillip Hernandez, Program Manager SUDS, Mark Schlutsmeyer, Adult Services Branch Director and Sue Hopper, Executive Secretary.

3. **Public Comment:** ANY MEMBER OF THE PUBLIC DESIRING TO ADDRESS THE BOARD ON A MATTER NOT ON THE AGENDA may do so under this portion of this agenda. As required by the Government Code, no action or discussion will be undertaken on any item raised during the Public Comment period. ANY MEMBER OF THE PUBLIC DESIRING TO ADDRESS THE BOARD ON A MATTER ON THE AGENDA may do so before or during the agenda item, as facilitated by the Chair.

4. **Program Presentation – MHSA Annual Update – Mark Schlutsmeyer, Adult Services Branch Director.** Mr. Schlutsmeyer reported on the following:

- FY 22/23 MHSA Annual Update – distributed updates from the Community Planning Process – which is feedback from the community on the MHSA plan updates.
- Reviewed Executive Summary – SYBH held three community meetings – one at the Hmong Center, one at the Latino Outreach Center and third one at Public Health and via ZOOM. Reviewed demographics on people who attended the meetings. Feedback suggests that most are satisfied or very satisfied with services.
- Youth Urgent Services – services will be reviewed to focus on increasing access.
- Adult FSP (Full-Service Partnership) – will also be reviewed to provide updates and increase access to services.
- No Place Like Home Funded Project – Cedar Lane – this project is a duplicate of New Haven. Supportive services through SYBH are provided by Telecare. Hands of Hope provides non-behavioral health services. Cedar Lane should open November/December 2022. Supply chain issues are impacting opening.
- Discussion on assisting homeless obtain services in Yuba County. Services are offered through Coordinated Entry Life Building, Harmony Village and Prosperity Village. Yuba County HHS would provide services for these entities or contract those services out. SYBH HEART team,

iCARE and the street nurses team provide outreach services trying to engage these individuals into services.

- CAP/IT – no state funding provided at this time. The state allows agencies to dedicate 5% of CSS funds to CAP/IT projects if needed. SYBH has historically not done this as CSS funds are spent for client services.
- PEI – will start a new program “My Journey Grief Support Group” – evidenced based peer support group with the idea of building resilience and providing support.
- Adult Early Intervention Program – will provide more wrap around services for clients in treatment less than 18 months. SYBH will be using existing staff to support this program.
- Community planning process reveals that better communication with the community, regarding services offered, is needed. Will be looking at a joint position with Public Health, sort of a Navigator/Public Information Officer role that may be incorporated in this plan.
- Discussion on transportation challenges and release of information challenges for 18-year-old clients still in high school and living at home and more supportive services for the family.
- Ms. Esemann requested information on ASIST training and customer satisfaction surveys for SYBH services.

5. **Action Items:**

- a. **Approve Setting a Public Review Period of September 12, 2022, to October 12, 2022, for the MHSA Plan Annual Update Comment Period.** Member Cardoza moved to approve setting a public review period of September 12, 2022, to October 12, 2022, for the MHSA Plan Annual Update. Member Kaze seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Cardoza, Walker, Rehman, Page and Esemann

Nay votes: None

Abstentions: None

- b. **Approve Setting a Public Hearing Date of October 13, 2022, for the MHSA Plan Annual Update.** Member Cardoza moved to approve setting a Public Hearing date of October 13, 2022, for the MHSA Plan Annual Update. Member Kaze seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Cardoza, Walker, Rehman, Page and Esemann

Nay votes: None

Abstentions: None

- c. **Approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Video or Teleconference.** Member Cardoza moved to approve enacting Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Board to meet via Video or Teleconference. Member Kaze seconded the motion.

Discussion noted that the Board would recommend allowing public to attend via ZOOM. Board members themselves would need to attend the meeting in person. If Board members choose to attend via teleconference, they would be considered non-voting members. It was also noted that alternate county supervisors should attend the Behavioral Health Advisory Board meeting if the regular delegate cannot make the meeting.

Aye votes: Board Member Rehman
Nay votes: Board Members Clarkson, Kaze, Cardoza, Walker and Esemann
Abstentions: Board Member Page

- d. **Approve August 11, 2022, Meeting Minutes.** Member Page moved to approve the August 11, 2022, Meeting Minutes as submitted. Member Walker seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Cardoza, Walker, Rehman, and Page.
Nay votes: None
Abstentions: Board Member Esemann

- e. **Review and Approve Response to 2021-2022 Grand Jury Final Report**
Member Esemann moved to approve the response to the 2021-2022 Grand Jury Final Report with the amendments, using the response included in the August packets and reviewed below:

- BHAB response will be sent directly to the Board of Supervisors
- Edit and remove the word “demands” from second paragraph
- Change the wording in third paragraph to “of the Electronic Health Record”
- Add “counties in California” in the third paragraph.
- First line in middle paragraph add “as to facility improvement” and “paving of parking lots”
- Fifth paragraph add “this board reserves the right to review” “all contracts made by the SYBH department and the State”.
- Strike entire paragraph after fifth paragraph
- Last paragraph add “looking forward to assisting the counties”
- First paragraph add “discussed in August/September meetings.

- Provide quarterly reports to the Board of Supervisors
- Remove sentence “mandated by Mental Health Services Act”

Motion was seconded by Member Page and carried as follows:

Aye votes: Board Members Clarkson, Kaze, Cardoza, Walker, Rehman, Esemann and Page.

Nay votes: None

Abstentions: None

6. **SUDS Program Update** – Phillip Hernandez, Program Manager. Mr. Hernandez reported on the following:
 - Recovery Happens Picnic – 20 community vendors are already signed up. Event will be held on September 29, 2022, from 11:00 a.m. – 2:00 p.m. at Sam Brannan Park in Yuba City. Volunteers are always welcome. California Health & Wellness will be providing the food and the Salvation Army will be setting up the event.
7. **Behavioral Health Director’s Report** – Rick Bingham, Assistant Director/BH Director. Mr. Bingham reported on the following:
 - September is Suicide Prevention Awareness month – many outreach activities are occurring in the community.
 - Staff will be posted at several sites throughout the community providing information.
 - SYBH is partnering with the fire department and providing outreach materials.
 - Suicide prevention classes will be offered throughout the community.
8. **New Business**
 - a. CALBHB/C Quarterly Training Recap:
 - Ms. Clarkson attended the August 20, 2022, meeting. Audio recording and transcripts have been emailed out to all members.
 - Ms. Esemann also attended and discussed the ALCOVE or HEADSPACE programs which act as a “safe space” for kids to go to for help – sort of a cool club for kids in crises.
 - b. Discussion – Red Flag Rules/History of Yuba County – tabled.
9. **Old Business** – none discussed.
10. **Other Announcements/Correspondence**
 - a. Recovery Happens Picnic 2022 – discussed under Mr. Hernandez’ report above.
11. **Adjournment** - There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:13 p.m.