

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, November 10, 2022

5:00 p.m.

1. **Call to Order**

Chair Clarkson called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Chair Lesley Clarkson, Mary Page, Supervisor Don Blaser, Supervisor Karm Bains, Jay Kaze, Heather Esemann, Renick House, Meagan Andersen and Manny Cardoza.

The following members were excused: Maggie Walker

Also, in attendance: Rick Bingham, HHS Assistant Director and Behavioral Health Director; Mark Schlutsmeier, Adult Services Branch Director; Phillip Hernandez, Program Manager SUDS, Josh Thomas, Children's Services – Program Manager, Tom McWhorter and Sue Hopper, Executive Secretary.

3. **Public Comment:** ANY MEMBER OF THE PUBLIC DESIRING TO ADDRESS THE BOARD ON A MATTER NOT ON THE AGENDA may do so under this portion of this agenda. As required by the Government Code, no action or discussion will be undertaken on any item raised during the Public Comment period. ANY MEMBER OF THE PUBLIC DESIRING TO ADDRESS THE BOARD ON A MATTER ON THE AGENDA may do so before or during the agenda item, as facilitated by the Chair.

4. **Action Items:**

- a. **Approve September 8, 2022, Meeting Minutes.** Member Esemann moved to approve the September 8, 2022, meeting minutes as submitted. Member Kaze seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Cardoza, Blaser, House, Page, Andersen and Esemann

Nay votes: None

Abstentions: Member Bains

- b. **Approve October 13, 2022, Meeting Minutes.** Member Cardoza moved to approve the October 13, 2022, meeting minutes as submitted. Member House seconded the motion.

Aye votes: Board Members Clarkson, Bains, Cardoza, Blaser, House, Page, Andersen and Esemann

Nay votes: None

Abstentions: Member Kaze

- c. **Approve October 27, 2022, Special Meeting Minutes.** Member Kaze moved to approve the October 27, 2022, meeting minutes as submitted. Member Cardoza seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Bains, Cardoza, Blaser, House, Andersen and Esemann

Nay votes: None

Abstentions: Member Page

- d. **Review and Consider Application to fill Yuba County At-Large Representative seat and offer a recommendation to the Yuba County Board of Supervisors – Thomas McWhorter.** Member Cardoza moved to approve the Application to fill Yuba County At-Large Representative for Thomas McWhorter. Member House seconded the motion.

Aye votes: Board Members Clarkson, Kaze, Bains, Cardoza, Blaser, Page, House, Andersen and Esemann

Nay votes: None

Abstentions: None

- e. **Review and Approve Site Visit Form.** After discussion it was decided that this form will be reviewed at the January 2023 meeting. One suggestion was to add recent accomplishments/future goals as categories into the agency section. Members were asked to review the form and bring their suggestions to the January meeting.

- f. **Approve to enact Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Advisory Board to meet via Video or Teleconference.** Member Esemann moved to approve enacting Emergency Allowances during the COVID-19 Pandemic to allow the Sutter-Yuba Behavioral Health Board to meet via Video or Teleconference. Member Cardoza seconded the motion.

Aye votes: Board Members Blaser and Bains

Nay votes: Members Clarkson, Kaze, Cardoza, Esemann, House, Andersen, and Page

Abstentions: None

5. **Program Presentation – Children’s Services – Josh Thomas, Program Manager**

- Youth and Family Services Programs are designed to meet the socio-emotional and Behavioral needs of children, youth and families in both Sutter and Yuba Counties. The program coordinates with community stakeholders, including child welfare services, probation, and school systems to provide a continuum of care that promotes positive outcomes for children of all ages.
- Services include assessment/diagnosis, psychiatric services, psychotherapy, case management, intensive care coordination, intensive home-based services and therapeutic behavioral services.
- Families access mental health services via the Open Access Clinic at the Youth Outpatient site which occurs four days a week. The Open Access utilizes a hybrid

model of scheduled and walk-in triages and occurs Monday, Wednesday, Thursday, and Friday from 8:00 a.m. – 10:00 a.m.

- Programs under the Youth & Family Services umbrella include Open Access Triage Clinic; Youth Outpatient; Urgent Services; Embedded Unit (Yuba CAPS – child welfare in Yuba County); Children’s System of Care (CSOC) Augmented Forensic Youth Program; Transition Age Youth Full-Services Partnership (TAY); oversight for the Youth for Change contracted vendor providing specialized services (TBS, IHBS, FSP, Wraparound); and, oversight for the Youth for Change contracted vendor providing embedded Peer Staff.
- Reviewed demographic data from July – October 2022. 444 clients being served in Yuba County and 340 being served in Sutter County.
- Reviewed CANS (Child- Adolescent Needs Assessment) data from July – October 2022. CANS is often used for outcome measures. As reported – strengths and outcomes are youth reduction in suicide risk, reduction in non-suicidal self-injury, reduction in danger to others and reckless behavior. Reduction in trauma, improved youth anger control, reduced anxiety, reduction in conduct problems, reduction in depression, reduction in oppositional behavior. In addition, very substantial improvements in school achievement and school behavior. CANS data presented represents an average for all programs throughout Youth and Family Services.
- Discussion on difficulties recruiting and retaining quality staff – mainly therapists. Issue is statewide. Sutter County recently completed a salary study and provided an equity raise. Continuing to look at other avenues for recruitment and retention.
- Children’s System of Care needs a new computer. A quote has been provided and purchase will be processed using county purchasing procedures.

6. **SUDS Program Update** – Phillip Hernandez, Program Manager. Mr. Hernandez reported on the following:

- All programs are operating as usual.
- Opioid community response teams – PODS (Point of Distribution for Naloxone) - three PODS were held in October; one is scheduled for November. Priority is to look for collaborating agencies throughout the community for distribution. Brief orientations are provided regarding opioids, Fentanyl and Naloxone. November POD will be held at the Kmart parking lot and Sam Brannon Park simultaneously from 4:30 p.m. - 6:30 p.m. on the 15th. POD will also be held at the Latino Outreach Center. Great success at the Hmong Center – 21 families. A POD will also be held at a one of the high schools – working through the Department of Education. Any ideas as to where to hold PODS, reach out to Ms. Hopper or Mr. Hernandez and they will work to coordinate. Will hold three PODS per month through September 2023.
- Have held PODS through the Coordinated Entry sites – wasn’t well attended - may need to adjust time of distribution. Veteran’s facility with Peach Tree may be willing to do POD. Suggestion was to work with food distribution sites – such as Salvation Army. Distributed 25 kits through Harmony Health and 15 at Glad Tidings.

7. **Behavioral Health Director’s Report** – Rick Bingham, Assistant Director/BH Director. Mr. Bingham reported on the following:

- Staffing issues – Cal Matters published an article – UC San Francisco study in 2018 – predicted by 2028 demand for psychologists, therapists, etc. would be 40% more than supply. Close to one-third of the 58 counties in California have no child psychiatrist. Staffing issue is statewide; therapist shortage is everywhere. County has implemented flexible work schedules, remote work schedules and negotiated new pay scales to try and combat this issue and assist with recruiting and retaining staff.
- MHSA Update – Mr. Schlutsmeier reported:
 - ✓ Bi-Annual MHSA Audit – one of the findings was that SYBH failed to attach the annual PEI report. This is a separate report from the Annual Update and will need to be attached to the Annual Update that was just approved. Mr. Schlutsmeier is waiting on information from the State to see if this can just be attached or if the 30-day review process will need to be redone. BHAB will receive a copy of the report. Ultimately there may need to be a 30-day comment period and public hearing again to attach the PEI report.
 - ✓ Distributed five-year data trend for MHSA programs.

8. **New Business** – none addressed.

9. **Old Business**

- Mr. Cardoza commented that Mr. Hernandez and staff did a wonderful job on the Recovery Happens Picnic – very well attended – everyone enjoyed.

10. **Other Announcements/Correspondence** – none addressed.

11. **Adjournment** - There being no further business brought forward Chair Clarkson thanked everyone for their participation and adjourned the meeting at 6:42 p.m.