



TRINDEL LEAP

Law Enforcement Assistance Program

"We Got Your Six, Take a Break From the Action"

What is LEAP?

Trindel has recognized the toll that it takes on our law enforcement personnel to protect and serve our communities and has developed the LEAP program as a proactive approach to assist employees that have experienced or witnessed a tragic event in seeking counseling or another specialized approach to help prevent the downfall from these events.

WHAT DO WE PROVIDE?

Culturally competent professionals providing confidential and specialized counseling for the first responder community. Each member county law enforcement professional, their spouse and dependents are entitled to 3 sessions as a whole within any 6 month period for a total of 6 sessions per year.



Professional Development & Training



Confidentiality



Wellness Committee & Peer Support

HOW TO UTILIZE A PROVIDER:

- 1 Choose a Provider**
 Select a service provider or peer support provider from the list below.
- 2 Contact Provider or Peer Support**
 Contact the service provider or peer support provider by the contact information listed below. You will need to provide employment verification by providing a copy of an employee id or a recent paystub.
- 3 Billing**
 LEAP provider will send Trindel the bill for the service visits. Personal, sensitive information is not shared in adherence of HIPAA privacy laws. You can continue seeing a provider after using LEAP benefits utilizing personal insurance or other payment options.



TRINDEL
Risk Management for Rural Counties

 www.trindel.org

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 Phone: 530-623-2322
Fax: 530-623-5019

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tmiller@trindel.org
rhartman@trindel.org



First Responder Counselors

Becky Blatnick
235 Monument Dr.
Crescent City, CA 95531
Phone: 707-464-8451

Cyndi McDonald, LMFT, LPCC
831-236-3122
***Only providing teleservices**

Erin Chapel
3732 Lakeside Dr. Suite 100
Reno, NV 89509
Phone: 775-870-6552

Gail Jacobs
1650 Hwy 395 #101
Phone: 775-781-9916

Janet Schwertscharf, LCSW
415 Hwy 101 South
Crescent City, CA 95531
Phone: 707-457-3012

Jil Chipman, LMFT
65 B. Main St.
Weaverville, CA 96093
Phone: 530-355-3081

Marilyn J. Wooley, Ph.D.
2469 Old Eureka Way
Redding, CA 96001
Phone: 530-244-9977

Marla Maynard
11801 Pierce St. Suite 222
Riverside, CA 92505
951-902-9515

Michel G. VanGordon
530-318-1502
***Only providing Teleservices**

First Responder Counselors

Nancy Rarick
11343 Lakeshore S
Auburn, CA 95602
Phone: 530-519-6532

Rose Reynolds, Ph.D.
501 H. Street, Suite 7
Crescent City, CA 95531
Phone: 541-661-5840

Physical Nutrition & Wellness

Upstep Orthotics

<https://www.upstep.com/about>

Enter **JPA-NCA** coupon code to get \$70 off
Upstep products

Kelly's Fitness Plus & White Wolf Gym

Kelly O'Brien

PO Box 1565

Weaverville, CA, 96093

530-623-0014

LEAP

Chaplain/ Peer Support

FRONT LINE FIRST

Critical Incident Response Chaplain and Peer Support Services

Depending on incident complexity, a two chaplain response team is dispatched to each first responder critical incident event.

Member Agency Peer Support Program Consulting

One annual visit to member county to meet with agencies peer support team, review agency program, and provide refresher training if needed.

Chaplain and Peer Support Counseling

Three sessions annually per first responder employee. This is extended to family members, including spouses and dependent children.

Vickie Stanfill

email: info@frontlinefirst.org

Phone: (916) 259-9987



The Fight After the Fight #YouGoIgo

Peer Support Counseling

Ann Carrizales

Cell: (281)-757-8146 (text or call)

email: annmarrizales@gmail.com

