

CHIP PRIORITY WORKGROUP 2: BUILDING RESILIENT COMMUNITIES

FEBRUARY 21, 2023

Sutter County Public Health



HEALTH AND
HUMAN SERVICES

GOALS OF THE CHIP

PRIORITY AREA: Healthy Beginnings				
OVERARCHING VISION: Reduce the incidence of pediatric asthma attacks in Sutter County children and youth				
STAKEHOLDERS: Sutter County Public Health, Sutter County Superintendent of Schools and various Sutter County school districts, Adventist Health and Rideout (AHRO), Ampla Health , Harmony Health, Peach Tree Health, Sutter North				
OBJECTIVES: Reduce hospital emergency department visits for asthma attacks by 20% within three years. Reduce visits to the school nurse for asthma attacks by 30% within 2 years.				
ACTION PLAN				
Strategies	Actions	Target Date	Anticipated Product or Result	Lead Organization(s)
1. Ensure adequate data collection of asthma attacks coming to AHRO ED	Identify mechanism for AHRO to share asthma attacks data with key stakeholders	12/31/2024	Sharing of monthly asthma attacks data with public health. Then on a quarterly basis, public health shares via public facing dashboard on SCPH website	Sutter County Public Health; AHRO
2. Ensure adequate data collection of school nurse visits for asthma attacks	Identify mechanism for school districts to share school nurse visits related to asthma with public health	12/31/2024	Sharing of monthly school nurse visits for asthma data with public health. Then on a quarterly basis, public health shares via public facing dashboard on SCPH website	Sutter County Superintendent of Schools; Sutter County Public Health
3. Asthma action plan available to school nurses	Educate parents/caregivers to work with their child's medical provider on the asthma action plan Parents/caregivers provide the asthma action plan to schools at the beginning of each school year	12/31/2025	Percentage of students with known asthma with an asthma treatment plan on file at their school	Sutter County School District, FQHCs
4. Educate parents on how to use the asthma action plan to monitor their child's asthma, ensuring appropriate treatment management and avoidance of triggers	Secure grant funding and partners to implement "asthma triggers" assessment and education in \geq 80% of homes of children with asthma.	11/30/2026	Percentage of homes reached by "asthma triggers" assessment.	FQHCs, Sutter County Home-Visiting Program/Sutter County Public Health

REVIEW FROM LAST MEETING

In purpose of defining this priority area, this workgroup meeting voted to focus on the following areas to build a resilient Sutter County:

- **Adverse Childhood Experiences (ACEs)**
- **Behavioral Health**
- **Nutrition and Food Access**

STRATEGIES TO BUILD COMMUNITY RESILIENCE: ACEs

The Centers for Disease Control and Prevention (CDC) developed the 2021-2024 Adverse Childhood Experiences Prevention Strategy and defined six key strategies for preventing Adverse Childhood Experiences:

- Strengthen economic supports for families
- Promote social norms that protect against violence and adversity
- Ensure a strong start for children
- Enhance skills to help parents and youths handle stress, manage emotions, and tackle everyday challenges
- Connect youths to caring adults
- Intervene to lessen immediate and long-term harms

STRATEGIES TO BUILD COMMUNITY RESILIENCE: BEHAVIORAL HEALTH

The de Beaumont Foundation provided the following strategies in the Solutions for Local Leaders to Improve Mental Health and Well-Being During and Post-COVID 19 guide:

- Explicitly talk about and destigmatize mental health
- Increase the capacity and role of the local workforce to recognize mental health issues and refer community members to appropriate services
- Publicize and support the existing networks of organizations providing mental health and substance use disorder services
- Augment the social safety net to ensure that social needs are met

STRATEGIES TO BUILD COMMUNITY RESILIENCE: NUTRITION AND FOOD ACCESS

The National Academy of Science, Engineering and Medicine developed the following strategies to address food access and insecurity

- **Food as medicine**- Improving health outcomes through the Fresh Food Pharmacy model:
 - Identify patients who might be experiencing food insecurity by embedding questions in the electronic health record and link them to food pantries and resources.
- **Provider-Physician Food Insecurity Toolkit**
 - Utilize primary care physicians as the primary channel for screening for food insecurity and provide education and referrals to food resources
- **Feeding America Model**- Improving food access through collaboration between health care sector and food network
 - Provide clients with healthy fresh food and provide nutrition and health education at food access and distributions sites
 - Address food insecurity at health care sites to reduce stigma and share with connecting patients to resources



DETERMINING OVERARCHING VISION STATEMENTS

The National Association of County and City Health Officials (NACCHO) defines **goals/ overarching vision statements** as:

- Broad or general statement of desired change or end state
- Defines the scope and provides a framework for objectives
 - Example:
 - All employees in Sutter County work in environments that support mental health and well-being

DETERMINING OVERARCHING VISION STATEMENTS

- **Breakout Groups:** Workgroup members will develop **one** overarching vision statement for your selected focus area
 - Consider the work that your organization is already doing and national prevention strategies:
 - What is our overarching vision or goal for this priority area?
 - What is the **desired state** or **outcome**?
 - What can we do to impact this priority area?
 - Sample overarching vision statements:
 - Reduce the incidence of pediatric asthma
 - Increase healthy eating in Sutter County



Noun (disease state, health outcome, etc)

OBJECTIVES

- **Objectives:**

- Measurable statement of the specific desired change/end state.
- Describe the steps that will take place in order to achieve the change(s) described in the goal/overarching vision.
- Are **SMART**:



Example: By January 31, 2024, increase adult physical activity in Sutter County by 10%.

Example: Increase walking paths in Sutter County by 5 miles within 3 years.

SMART OBJECTIVE EXAMPLES

- **Priority:** Building Resilient Communities
- **Goal:** Increase awareness, education, and connection to resources to prevent and reduce ACEs
- **SAMPLE SMART Objectives:**
 - Sample 1: By December 30, 2024, implement an ACEs awareness education and screening toolkit for health, education, and social care providers within Sutter County
 - Sample 2: Implement the Handle with Care program in two additional schools in Sutter County by January 30, 2025

ACTIVITY 2: DEVELOPING OBJECTIVES

- **Breakout groups:**
 - With your group, please review your overarching vision statement and the information provided on the health priority vision board
 - Review common themes identified in the SWOT analysis from last workgroup meeting and/or focus on what stands out as something the CHIP can support. Remember, all of them are important but what can we do together than will make the largest and achievable impact in this priority area in 3-5 years?
 - Develop 1-3 SMART objectives with your group
 - Present objectives to the larger group

THANK YOU

