

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, September 14, 2023

5:00 p.m.

1. **Call to Order**

Chair Esemann called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Chair Heather Esemann, Supervisor Mike Ziegenmeyer, Supervisor Don Blaser, Lesley Clarkson, Mary Page, Vice-Chair Manny Cardoza, and Maggie Walker.

The following members were excused: Jay Kaze

The following members were absent: Renick House

Also, in attendance: Rick Bingham, HHS Assistant Director; Sarah-Eberhardt-Rios, HHS Director, Betsy Gowan, Adult Services Branch Director; and, Sue Hopper, Executive Secretary.

3. **Public Comment:** No public comments were provided.

4. **Action Items:**

- a. **Approve July 13, 2023, Meeting Minutes** - Member Cardoza moved to approve the July 13, 2023, Meeting Minutes as submitted. The motion was seconded by Member Clarkson.

Aye votes: Esemann, Clarkson, Cardoza, Blaser and Walker

Nay votes: None

Abstentions: Page

- b. **Approve to move the October 12, 2023, meeting to October 19, 2023.** Member Cardoza moved to approve moving the October 12, 2023, meeting to October 19, 2023. The motion was seconded by Member Blaser.

Aye votes: Esemann, Clarkson, Cardoza, Blaser, Ziegenmeyer, Page and Walker

Nay votes: None

Abstentions: None

5. **Program Presentation** – Budget Update – Sarah Eberhardt-Rios, HHS Director.

Ms. Eberhardt-Rios provided a presentation on Public Behavioral Health in California and Current Reforms and spoke about the impacts current legislation would have on Behavioral Health funding sources. See attached PowerPoint presentation.

6. **MHSA Program Update** – Betsy Gowan, Branch Director, Adult Services. Ms. Gowan reported on the following:
 - FY 23/24 Annual Update – Executive Summary – has been posted for public comment – will hold public hearing at next BHAB meeting.
 - Current legislation would impact most of the programs included in this update.
7. **Behavioral Health Director’s Report** – Rick Bingham, Assistant Director/BH Director. Mr. Bingham reported on the following:
 - PHF Fencing Project – waiting for start date; vendor is waiting for materials to arrive.
 - PHF Ligature Project – funding has been identified – will need to take to the Board of Supervisors for approval.
 - Recovery Happens Picnic – Sam Brannan Park, September 21, 2023
 - Bridging Hope Event – Veteran’s Park, Marysville, September 30, 2023
8. **New Business**
 - a. Select Program Presentation for October
 - Friday Night Live for October
 - Homeless Services for November
 - b. Determine location of next Site Visit
 - Better Way Shelter
 - Suggestion was also to try and shadow the HEART Team
 - c. Create Ad Hoc Committee to complete 2023 Data Notebook – November 30, 2023
 - Ms. Clarkson will work to complete the 2023 Data Notebook.
 - d. Ethics Training for Board Members
 - All board members are required to have two hours of ethics training every two years. This needs to be completed as soon as possible but no later than December 31, 2023. Send certificates of completion to Ms. Hopper. Ms. Hopper will send out a link to access the training.
9. **Old Business**
 - a. Homelessness Ad Hoc Committee Update
 - Mr. Scotten is contemplating whether he has time or not to join the BHAB.
 - Committee has met with Mr. Bingham, Ms. Gowan, Mr. Burke, Ashton Phillips and will meet with Ms. Tate from the HEART/PATH teams.
 - Committee will create smaller report for presentation to the BHAB and Boards of Supervisors – focusing in on challenges being faced. Ms. Eberhardt-Rios suggested the report could also be taken to the Governing Committee for the Sutter/Yuba Homeless Consortium.
 - b. PHF Fencing and Ligature Points Update
 - Update provided in Behavioral Health Directors report.
10. **Other Announcements/Correspondence**
 - a. CALBHB/C Quarterly Meeting – Chico – informational only
 - b. SB 326 Letter from Sutter County Board of Supervisors - informational only
 - c. CALBHB/C SB 326 Proposal Updates and Impacts to Behavioral Health Boards

11. **Adjournment** - There being no further business brought forward Chair Esemann thanked everyone for their participation and adjourned the meeting at 6:43 p.m.

SUTTER-YUBA
BELIEVES



Empowering Healthy Communities



Where Do We Go From Here?

Public Behavioral Health in California and Current Reforms

Presented by
Sarah Eberhardt-Rios

The County Mental Health Plan

Sutter - Yuba Behavioral Health Today

- ▶ Sutter-Yuba Behavioral Health (SYBH) is under Sutter County Health and Human Services. Sutter and Yuba counties have a Joint Powers Agreement (JPA) established in 1972 whereby Yuba County mental health funds from the state are sent to Sutter County to operate a joint mental health plan for both counties.
- ▶ SYBH provides mental health and substance abuse treatment as well as prevention, outreach and engagement.
- ▶ Patients Served
 - ▶ FY 2021-22: 4,529
 - ▶ FY 2022-23: 4,900 *estimated
- ▶ Total Budget FY 22/23: \$58M
- ▶ Total Budget FY 23/24: \$62M

Behavioral Health Funding

- ▶ **Realignment:** Funding for services that are not reimbursed by Medi-Cal, including inpatient, outpatient, crisis stabilization, placement costs for LPS conservatees and limited substance use treatment.
- ▶ **Mental Health Services Act (MHSA):** Funding for programs that are not traditionally funded through Medi-Cal reimbursement. Provides greater latitude in the type of services provided, such as prevention, early intervention and outreach.
- ▶ **Medi-Cal reimbursement:** Certain services are reimbursable by Medi-Cal. Realignment can be used for percentage of service not reimbursed by Medi-Cal.
- ▶ **Grants and allocations:** Federal grants administered by the State include the Mental Health Block Grant and the Substance Abuse Block Grant.
- ▶ **Fees and other sources:** Client fees, insurance fees, provider administration fees, county fees for service, interest, and donations

What is Changing?

- ▶ **EVERYTHING!**
- ▶ **Life Changing State Policy Shifts**
- ▶ Significant reforms to behavioral health funding uses and how MHP's (SYBH) are paid overall
- ▶ Target Population Expansion
- ▶ Added benefits under Medi-Cal across the Managed Care Plan (Anthem and California Health and Wellness)
- ▶ Added benefits to Specialty Mental Health
- ▶ State reorganization around their own obligations at the Department of State Hospitals, pushing unreimbursed responsibilities to Counties (without County Consent)

What is Changing?

- ▶ **EVERYTHING!**
- ▶ **Life Changing State Policy Shifts**
- ▶ State expansions to Commercial Insurance Obligations requiring add Behavioral Health Benefits for Commercially Insured
- ▶ State level initiative to fund Children's Behavioral Health needs outside of County MHP's through Managed Care, Schools and Commercial Insurance
- ▶ State top down focus on the homeless population with no permanent funding and less funding for individuals with behavioral health needs (without County Consent)

CONTEXT: *MEDI-CAL* BEHAVIORAL HEALTH REFORMS (AS OF 2023)

▪ **New Benefits**

- *Mobile Crisis Services (2023-2024)*
- *90-Day Jail In-Reach (2024)*
- *CYBHI Fee Schedule (2024)*
- *BH CONNECT (2024)*
 - *Community Health Worker*
 - *Supported Employment*
 - *Rent/Temporary Housing*
 - *Peers with Justice Specialty*
 - *Assertive Community Treatment*
 - *Forensic ACT*
 - *First Episode Psychosis*
- *Peer Support Specialists (optional)*
- *Contingency Management (optional)*
- *Community Supports (optional)**
- *Enhanced Care Management**

▪ **Program/Quality Reforms**

- *BH Payment Reform (2023)*
- *BH CONNECT (2024)*
 - *Cross-Sector Incentive Pool*
 - *New Accreditation Standards*
 - *New EBP requirements*
- *Revised Access/Eligibility Criteria*
- *Mental Health & SUD Plan Integration*
- *Documentation Reform*
- *No Wrong Door*
- *BH Quality Incentive Program*
- *Comprehensive Quality Strategy*
- *PATH funding*

CONTEXT: *BROADER* BEHAVIORAL HEALTH REFORMS

- **CARE Court**
 - *Cohort 1 (2023)*
 - *Cohort 2 (2024)*
- **Behavioral Health Modernization (2024)**
 - *MHSA Restructuring*
 - *New Fiscal Transparency*
 - *Bond Measure*
- **Department of State Hospitals**
 - *Growth Cap (2023)*
 - *Based Restoration*
 - *Diversion*
- **BH Crisis Continuum**
 - *988*
 - *Crisis Continuum Plan*
- **Infrastructure**
 - *Behavioral Health Continuum Infrastructure Program*
 - *Community Care Expansion (CCE)*
 - *Behavioral Health Bridge Housing*
- **Children & Youth Behavioral Health Initiative**
 - *Virtual services platform*
 - *E-Consults*
 - *EBPs*
- **Community Schools**
- **Commercial Plan Parity (SB 855)**

The Governor's Proposal



News

Gavin Newsom's mental health plan could strip more than \$700 million from services, report says

Kristen Hwang, July 18, 2023

Gov. Gavin Newsom wants to rethink how California spends its millionaire's tax by directing more money toward housing. Some county-run mental health programs could lose out.

Legislative Analyst's Office (LAO) Reports
North State Radio

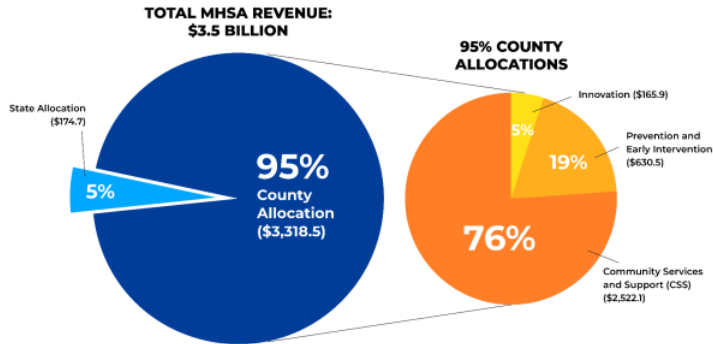
Agenda for Presentation

Overview of Legislation

- AB 531 – March 2024 ballot initiative
- SB 326 – Major changes to MHSA

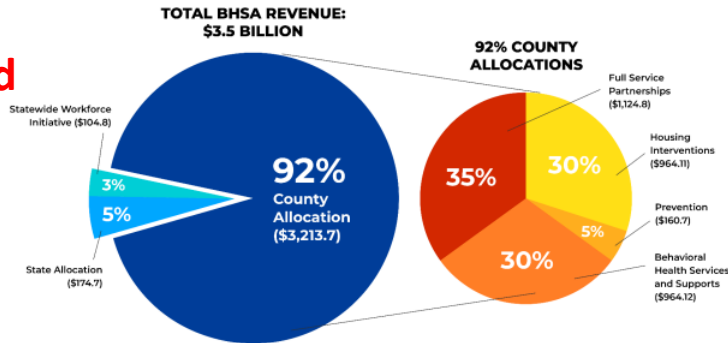
Proposed legislation is in the process of being updated - Multiple Drafts have been worked through, with final text expected after Sept 8th, which will require additional analysis

CURRENT ALLOCATION



Item	\$	%
Innovation	\$165.9m	5%
Prevention and Early Intervention	\$630.5m	19%
Community Services and Support	\$2.52b	76%

PROPOSED ALLOCATION



Item	\$	%
Prevention	\$160.7m	5%
Housing	\$964.1m	30%
BH Services and Support	\$964.1m	30%
Full Service Partnerships	\$1.12b	35%

Percentages
have changed

Not in the
Counties
Favor



SB 326 Impacts on Realignment

In addition to significant changes to the MHSA, SB 326 impacts both 1991 and 2011 Realignment by:

- Changing the Bronzan-McCorquodale Act, which created 1991 Realignment, to expand required services to include substance use disorder treatment – this makes both 1991 and 2011 Realignment revenues available for expenditure on SUD treatment.
- The Bronzan-McCorquodale changes would go into effect even if the March 2024 initiative does not pass.

**Language
has been
updated –
Concerns
Remain**

What is intersection between bills?

Some of the MHPA changes will also appear on the March 2024 ballot

Bond provisions and MHPA changes are joined (i.e., if bond fails and MHPA changes pass, neither goes into effect)

Not everything in SB 326 will appear on the ballot – unclear what will vs. what will not under current thinking



Governor's Proposal - MHSA Redesign

FUNDING: Major Local Impacts **UP TO AMOUNTS**

- ▶ Less MHSA Funding Overall per FY 23/24 SYBH Budget Revenue estimates
 - 3% reduction off the top = \$498,293
 - MHSA PEI and INN funds almost eliminated
 - INN \$715,402 + PEI \$3,140,000 = up to \$3,855,402
 - MHSA CSS - up to \$4,833,444 annually reduced for treatment needs and redirected to housing costs that we weren't currently paying
- ▶ Less local control for MHSA funds via restrictive state spending categories
- ▶ Impacts to Behavioral Health Realignment - State overreach via legislative language allowing significantly increased direction of local realignment spending

* **MHSA funding is highly volatile revenue - reductions will vary over time**

Governor's Proposal - MHSA Redesign

SERVICE: Major Local Impacts **UP TO AMOUNTS**

- ▶ Currently Sutter-Yuba Behavioral Health (SYBH), serves 185 (50% Sutter/50% Yuba) individuals (both children and adults) in an intensive outpatient program called Full-Service Partnership (FSP)
- ▶ If the governor's proposal were approved it could reduce our current FSP treatment slots by 55 per year at a minimum

Stakeholders Impacted: Sutter and Yuba Citizens, SYBH clients, Law Enforcement, First Responders, Jails, Courts, District Attorneys, Adventist Health, Adult Protective Services, Public Guardian

Governor's Proposal- MHSA Redesign

SERVICE: Major Local Impacts UP TO AMOUNTS

- ▶ SYBH through PEI funding provides 1,665 community members to include youth at schools with suicide prevention education in groups, grief and wellness, groups and community-based training, like mental health first aid, and suicide prevention training. The governor's proposal would likely eliminate the PEI funding for those activities, leaving 1,665 folks in our community without that education or support provided by SYBH.

Stakeholders Impacted: Yuba County Office of Education and Affiliated School Districts, Sutter County Office of Education and Affiliated School Districts, Sutter and Yuba Citizens, SYBH clients, Law Enforcement, First Responders, Jails, Courts, District Attorneys, Adventist Health, Child Protective Services

Governor's Proposal - MHSA Redesign

SERVICE: Major Local Impacts

- ▶ Innovation funding would likely be eliminated altogether, leaving programs like our iCARE mobile engagement teams unfunded, to include the 330 in person engagements they've had with the declining services population or individuals who have a difficult time getting into behavioral health treatment.

Stakeholders Impacted: Sutter and Yuba Citizens, SYBH clients, Law Enforcement, First Responders, Jails, Courts, District Attorneys, Adventist Health, Adult Protective Services, Public Guardian

Next Steps

- LAO's Report
- State Response
- County Strategies
 - Local Engagement
 - Associations



Questions?

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