

Regular Meeting and Public Hearing

MHSA Public Hearing

Thursday, November 9, 2023
5:00 p.m.

1. Call to Order

Chair Esemann called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were in attendance: Chair Heather Esemann, Vice Chair Manny Cardoza, Lesley Clarkson, Supervisor Mike Ziegenmeyer, Maggie Walker, Jay Kaze, and Renick House.

The following members were excused: Mary Page and Supervisor Blaser

Also, in attendance: Rick Bingham, Assistant Director of Health & Human Services and Local Behavioral Health Director; Betsy Gowan, Adult Services Branch Director; Jesse Hallford, SYBH Staff Services Manager; Ymelda Mendoza-Flores, Homeless Services Program Coordinator; and, Sue Hopper, Executive Secretary.

Adjourn to Public Hearing – 5:02 p.m.

3. **Mental Health Services Act – FY 24/26 Two-Year Program and Expenditure Plan**

MHSA Public Comment - The Sutter-Yuba Behavioral Health Advisory Board will now hear testimony and input from the public regarding the MHSA FY 24/26 Two-Year Plan. If you wish to address the Board on this subject, please inform the Chair. Persons addressing the Board are asked to clearly state their name for the record. Speakers are asked to limit their comments to “three minutes” so all who wish to address the Board may do so. If you wish to speak to the Board on an item not on the agenda, there will be an opportunity after the Public Hearing is closed, however, the Board may not act on any item not on the agenda pursuant to Government Code Section 54954.2.

Public Comment:

- No public comments were received.

Other Comments:

- Will collaborate with Sutter County Museum and Yuba Sutter Arts on a more cultural aspect to the prevention project.
- Will work to provide clearer direction on accessing services.
- Capital facilities requests for safety measures at 1965 Live Oak – specifically fencing for the Psychiatric Health Facility.
- ADA compliance project at Public Health
- Extension of iCARE Innovation Plan
- Requests from schools to assist with developing stronger suicide prevention/postvention plans.

- Mental Health First Aid will continue.
- Requests to continue to monitor legislation and initiatives regarding changes to MHSA.
- Funding for Community PEI Mini-Grant Program.
- Developing LPS/FSP Services.
- CSOC/TAY office space will be updated.
- Suggested funding to begin a Punjabi Outreach campaign.

Close Public Hearing/Reconvene Board Meeting – 5:16 p.m.

4. Action Items:

- a. **Approve the SYBH MHSA FY 24/26 Two-Year Program and Expenditure Plan**
 Member Cardoza moved to approve the SYBH MHSA FY 24/26 Program and Expenditure Plan. The motion was seconded by Member House.

Aye votes: Esemann, Clarkson, Cardoza, Ziegenmeyer, Walker, House, and Kaze
 Nay votes: None
 Abstentions: None

- b. **Approve October 19, 2023, Meeting Minutes**
 Member House moved to approve the October 19, 2023, Meeting Minutes. The motion was seconded by Member Cardoza.

Aye votes: Esemann, Clarkson, Cardoza, Walker, House, and Kaze
 Nay votes: None
 Abstentions: Ziegenmeyer

- c. **Approve for Ms. Clarkson to submit responses for the Data Notebook to the State.** Member Walker moved to approve to have Ms. Esemann (in lieu of Ms. Clarkson) submit responses for the Data Notebook to the State. The motion was seconded by Member House.

Aye votes: Esemann, Clarkson, Cardoza, Ziegenmeyer, Walker, House, and Kaze
 Nay votes: None
 Abstentions: None

Discussion on Data Notebook:

- Ms. Esemann will add a comment requesting to minimize the acronyms used or to include an index for acronyms.
- The Homeless Consortium collects and distributes data for homelessness in our area.
- Ms. Esemann will change the response of “monthly” to “more than once a month” for the stakeholder engagement meetings discussed on page 25.

5. **Program Presentation – Homeless Services and Better Way Shelter – Ms. Ymelda Mendoza-Flores.** Ms. Mendoza-Flores reported on the following:

- Housing First Approach - People experiencing homelessness should be returned to or stabilized in permanent housing as soon as possible and connected with the resources required to sustain that housing. Underlying issues are best addressed after the person is in a stable housing environment.
- Better Way Emergency Shelter –
 - ✓ Temporary shelter for Sutter County residents ages 18-years and older.
 - ✓ 40-bed capacity with two beds reserved for Sutter County residents discharged from the Sutter-Yuba Psychiatric Health Facility.
 - ✓ Start to Finish was launched in July 2022 – supportive services provided through the HEART team – this program stays with the individual throughout their entire process.
 - ✓ Served approximately 500 homeless individuals.
 - ✓ Permanently housed 163 individuals.
 - ✓ Approximate length of stay is 59 days – maximum length of stay is 90 days.
 - ✓ Behavior based low barrier shelter, drug, and alcohol-free campus with a curfew in place.
 - ✓ Case management and housing mitigation resources are part of the program.
 - ✓ Exit plan is developed to address sustainable housing, income, primary care physicians, food resources, budgeting, transportation, and referrals for services.
- Harmony Village –
 - ✓ 62-unit permanent supportive housing project for low-income Sutter County residents.
 - ✓ Prioritizes veterans, individuals with a disability and those 55 years of age and older.
 - ✓ Opened December 2020 with 13 individuals housed. Currently occupancy level is 29.
 - ✓ Case management includes coordinating mental health and substance use treatment, establishing medical/dental care, income, or social security disability, assisting with basic life skills and various classes/activities are offered.
 - ✓ Community garden is available for those who want to participate.
 - ✓ Supportive services – vaccination clinic, diabetes and nutrition education are provided by Sutter County Public Health.

6. **MHSA Program Update** – Betsy Gowan, Brand Director, Adult Services

- MHSA plan above will be taken to both Sutter/Yuba Board of Supervisors for approval – hopefully by the end of the year.

7. **Behavioral Health Director’s Report** – Rick Bingham, HHS Assistant Director and Local Mental Health Director reported on the following:

- ✓ HHS Outreach Flyer- event to be held on November 16, 2023, from 5:30 – 7:30 at the Sutter County Library – Introduction to Health & Human Services.

- ✓ Consumer Party – event is scheduled for Thursday, December 14, 2023, from 4:00 – 7:00 p.m. at Veteran’s Hall.
- ✓ SB326 – Governor has signed and will be on the ballot in March as Proposition 1.
- ✓ SB43 – opens conservatorship up to individuals with substance abuse issues – implementation can be delayed to January 2026 with a resolution from both counties’ boards of supervisors which SYBH will be pursuing.
- ✓ PHF Fencing – scheduled to begin on November 21, 2023 – should take a little over a week.
- ✓ Ligature Points/Parking Lot Sump Pump – funding has been approved by the Board of Supervisors. No start date has been set at this time.

8. New Business:

- a. Program presentation for January 11, 2024
 - ✓ Presentation will be on Camp Singer/Forensics/Probation.
- b. Site Visit Review – Better Way Shelter
 - ✓ This was addressed during the program presentation.

9. Old Business:

- a. Homeless Ad Hoc Committee Draft Report
 - ✓ Draft report is complete. Ms. Esemann will send out via email for review.
- b. PHF Fencing and Ligature Projects Update – provided above.
- c. Ethics Training for Board Members
 - ✓ Reminder for all Board Members to complete their Ethics Training before the end of the year and to provide Ms. Hopper with your completion certificate. Training is mandatory every two years.

10. Other Announcements/Correspondence

- a. No December BHAB meeting. Next meeting is January 11, 2024.
- b. SYBH Annual Consumer Holiday Party – December 14, 2023

11. Adjournment:

There being no further business brought forward Chair Esemann thanked everyone for their participation and adjourned the meeting at 6:25 p.m.