

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, February 8, 2024

5:00 p.m.

1. **Call to Order**

Vice-Chair Cardoza called the meeting to order at 5:04 p.m. and welcomed everyone to the meeting.

2. **Roll Call**

The following members were in attendance: Supervisor Don Blaser, Lesley Clarkson, Vice-Chair Manny Cardoza, and Renick House.

Excused: Heather Esemann, Mary Page, Jay Kaze, and Maggie Walker.

Absent: Wendell Peters and Supervisor Nicholas Micheli

Also, in attendance: Rick Bingham, HHS Assistant Director; Jesse Hallford, Adult Staff Services Manager, Betsy Gowan, Adult Services Branch Director; Sarah Eberhardt-Rios, Health & Human Services Director; Brandon Barnes, Sutter County Sheriff, Chad Niswonger, Sutter County Sheriff Captain, Dr. Phuong Luu, Sutter-Yuba Health Officer, and Karen Sangston, Executive Secretary.

3. **Public Comment:** No public comments were provided.

4. **Action Items:**

- a. **Approve January 11, 2024, Meeting Minutes** – In absence of a quorum this item will be carried over to the March 14, 2024, meeting.

5. **Program Presentation** – WellPath Contract Services – Sarah Eberhardt-Rios, Sheriff Barnes and Captain Niswonger presented on the following:

- In 2019 decision was made to change from county provided healthcare services in the jail to contracting these services out.
- Assessments are conducted and a determination made as to the level of care needed.
- For all persons in custody requiring psychiatric treatment, including those with a need for drug and/or alcohol detoxification services, WellPath will determine the required service level, develop individual treatment plans, and provide outpatient mental health services. Emergency situations are taken to Adventist-Rideout.
- Contracted services are approximately \$4.3 million per year; funded with Public Health Realignment, Public Safety Realignment, County General Fund, and some grant monies.
- Sutter County Jail does have medical facilities/cells with a secure pharmacy on site.

- Mental health care services include a mental health screening, on-site mental health evaluation and treatment, court ordered competency evaluations and referrals to Sutter-Yuba Behavioral Health upon discharge.
 - CALAIM Justice Involved Implementation – all county facilities are required to implement this initiative – will need to submit a readiness assessment to the State before implementing – once approved, with the Medi-Cal enrolled participants permission – all medications and such will be able to be billed to this program with a 90-day parameter for incarceration. WellPath’s core services will remain the same. This program will be additionally staffed.
 - Wellpath will work with Sutter-Yuba Behavioral Health for medication history on incarcerated individuals if appropriate.
6. **MHSA Program Update** – Betsy Gowan, Branch Director, Adult Services. Ms. Gowan reported on the following:
- Suicide Prevention Plan – getting ready to post this plan and will hire a consultant to assist with leading the community in action items to reach the goals. Statewide goal towards suicide prevention is “Striving for Zero”.
 - PEI Mini-Grants – will be awarding mini-grants to agencies throughout Yuba and Sutter communities for suicide prevention efforts. Goal is to have first application period open on July 1, 2024.
7. **Behavioral Health Director’s Report** – Rick Bingham, Assistant Director/BH Director. Mr. Bingham reported on the following:
- a. Mental Health First Aid Trailer Viewing
 - Premier events for this film will begin in April 2024 – invites will be sent out soon.
 - b. CYBHI Behavioral Health Virtual Services Platform Launch
 - Free virtual platforms being launched – opportunity for kids to text and chat to someone or schedule a tele-health appointment to talk to someone.
8. **New Business**
- a. Brown Act Guidance on Just Cause or Emergency Allowances – will move this forward to the March 14, 2024, agenda.
9. **Old Business**
- a. Homelessness Ad Hoc Committee Draft Report – will move this forward to the March 14, 2024, agenda.
10. **Other Announcements/Correspondence**
- a. Program presentation for March 14, 2024, will be SYBH Mid-Year Budget Update
11. **Adjournment** - There being no further business brought forward Vice-Chair Cardoza thanked everyone for their participation and adjourned the meeting at 6:00 p.m.