

**Sutter-Yuba Behavioral Health
Behavioral Health Advisory Board**

Minutes of the Regular Meeting

Thursday, September 12, 2024

5:00 p.m.

1. Call to Order

Chair Esemann called the meeting to order at 5:00 p.m. and welcomed everyone to the meeting.

2. Roll Call

The following members were in attendance: Chair Heather Esemann, Jay Kaze, Supervisor Mike Ziegenmeyer (L), Lesley Clarkson, Supervisor Don Blaser, Manny Cardoza, Maggie Walker, Renick House and Mary Page.

Excused: Bill Harris Jr. and Wendell Peters

Absent: Gwen Ziegenmeyer

Also, in attendance: Bruce Adams (via ZOOM), Betsy Gowan, Adult Services Branch Director (via ZOOM), Manuel Fietes-Medina, CALHB/C (via ZOOM), Phillip Hernandez, Adult Services Deputy Director, Dustina Cordero, Program Manager, Susan Redford, Acute Psychiatric Services Branch Director, Kiran Phagura, Yuba County Public Guardian/Conservator; and Sue Hopper, Administrative Assistant, Sutter County.

3. Public Comment: None provided.

4. Action Items:

- a. **Approve June 13, 2024, Meeting Minutes** - Member Cardoza moved to approve the June 13, 2024, Meeting Minutes as submitted. The motion was seconded by Member Page.

Aye votes: Esemann, Clarkson, Kaze, Page, Cardoza, Walker and House.

Nay votes: None

Abstentions: Blaser

Consumer Perception Survey, Item #8(b) was moved to be presented before the Program Presentation.

5. Program Presentation – LPS/FSP Conserved Services – Betsy Gowan, Branch Director, Adult Services presented on the following:

- Senate Bill 43 signed into law October 10, 2023 - goes into effect January 1, 2026 - county is still working on infrastructure to implement this bill.
- This bill expands California’s criteria for involuntary detention and conservatorship which is based on a person’s mental health disorder or severe substance use

disorder, including alcoholism, resulting in the person's inability to provide for their basic needs for food, clothing, shelter, personal safety or necessary medical care.

- “New” definition for Grave Disability under SB 43 is a condition in which a person, as result of a mental health disorder, **severe substance use disorder*** or a co-occurring mental health disorder and severe substance use disorder, is at risk for serious harm or currently experiencing serious harm as a result of being unable to provide for their basic needs of food, clothing, shelter, **personal safety*** or **necessary medical care***.
- Functionally, SB 43 allows people to be placed on 5150's and other involuntary holds based on their “severe” substance use disorder (SUD). This document provides a working definition of how severe SUD may be defined.
- A person with a ‘severe’ diagnosis would need to meet 6 or more of the 11 DSM criteria in order to be placed on a 5150 hold.
- Discussion on how a person is detained for necessary medical care or personal safety elements under the new rules – could include - unwillingness to eat when food is provided; irrational beliefs about food that is available (e.g., a belief that it is poisoned); inability to articulate a plan for getting food; unwillingness to clothe oneself when clothing is provided; unable to utilize shelter when provided or to formulate a reasonable plan for shelter.
- As of September 5, 2024, Sutter County has 41 LPS conserved individuals; Yuba County has 47.

6. **MHSA Program Update** – Betsy Gowan, Branch Director, Adult Services.

Ms. Gowan reported on the following:

- Annual Update for 25/26 has been posted – public comment period is open from September 9, 2024, through October 9, 2024. Public Hearing to be held during October 10, 2024, BHAB meeting.

7. **Behavioral Health Director's Report** – Rick Bingham, Assistant Director of Health & Human Services and Behavioral Health Director. Reporting on behalf of Mr. Bingham, Ms. Gowan reported on the following:

- 301 participants for Bridging Hope event.
- Resolution to assess Sutter-Yuba Bi-County structure will be on Yuba County agenda on September 10, 2024, and Sutter County on September 24, 2024.
- Mobile Crisis implementation has been delayed to the end of November 2024.
- Recovery Happens Picnic held September 12, 2024 – 70+ vendors participated. Suggestion was for BHAB members to have shirts identifying them as BHAB members for events such as these.
- CalAIM Justice Involved - Yuba County Jail will go live with this on October 1, 2024 – collaborative effort between multiple agencies. One of three counties in the state to go live on this date. Sutter County should go live some time around April 2025.
- SYBH New Logo was rolled out on July 1, 2024.

8. **New Business**

a. Program Presentation for October 10, 2024.

- Data Notebook – will be on agenda for October meeting.

- Youth for Change or other contracted youth services.
 - PALS – Parents of Addicted Loved Ones – community program – November agenda.
- b. 2023 Consumer Perception Survey Results
- Survey was conducted statewide in May 2023.
 - 241 Surveys were received with 172 completed.
 - Everyone receiving outpatient services has an opportunity to complete the survey.
 - Quality Assurance has discovered that it was difficult to reach all group participants – will work on a different strategy for 2025.
 - Data is also used in quality improvement projects.
 - PowerPoint presentation attached.

9. **Old Business** – none addressed.

10. Other Announcements/Correspondence:

- a. PEI Mini Grant Funding – Applications being accepted as of July 1, 2024 – there were 12 applicants – CALMHSA has decided to award either 4 or 5 of those – additional application period will be opened – send link to BHAB members.
- b. Brown Act Ruling: Remote Participation for those with Disabilities – informational only.
- c. CALBH/C August Newsletter – informational only.

Other Discussion Items:

- Yuba Sutter Suicide Prevention Team meeting will be on September 17, 2024, at the Yuba County Government Center – everyone is invited to attend and/or join group.
- Yes, There is Hope – video will be showing at St. Joseph’s Church in Marysville on October 13, 2024.
- September is Suicide Awareness month.
- Suggestion was for the BHAB meeting to last around an hour; presentations should be limited to one presenter and a time limit of 10 – 15 minutes. Discussion will be added the October agenda.

11. **Adjournment** - There being no further business brought forward, Chair Esemann thanked everyone for their participation and adjourned the meeting at 6:25 p.m.